

About the Conference

The Maryland Department of Aging projects that more than one in four Marylanders will be over the age of 60 by 2030. Additionally, the fastest growing segment of the population is individuals between the ages of 80 and 84. While the challenges we face in an aging society are complex, the opportunities are vast. This conference will examine the critical issues and future directions related to serving the elders of Maryland. It is intended for community members, medical professionals, public & private senior service providers, as well as business owners, educators, and others with an interest in learning about the current state of and future goals for aging in Maryland. Speakers include Jimmy H. Rhee, Maryland's Special Secretary of Minority Affairs, Dr. John Burton, MD, Director of the Johns Hopkins Geriatric Education Center, and Susan Hutfless, Ph.D., Director of Clinical Epidemiology, Division of Gastroenterology & Department of Epidemiology at Johns Hopkins University. There will also be a special presentation by Jim Hindman, founder of Jiffy Lube and author of *Was Blind But Now I See*, which examines treatment he received for blindness caused by macular degeneration.

About the CSA

The Center for the Study of Aging (CSA) at McDaniel College was established in 2006 as a regional resource to promote successful aging in a community responsive approach that bridges generations & fosters understanding and innovations. We also provide educational opportunities for any level of interest and believe that all people who work with and on behalf of older persons should understand aging and its affects so that they have the knowledge and tools to maximize quality of life for older persons.

For more information, please visit our website at www.mcdaniel.edu/csa or email us at aging@mcdaniel.edu or call 410-857-2500.

About L.I.F.E.

The Learning Institute For Excellence, Inc. (L.I.F.E.), SOI Assoc., have been assessing and improving the learning abilities of individuals for over 21 years. They are now engaged in a program to improve memory and cognition for seniors.

For more information, contact Dr. Charles Wheatley, J.D., at 410-871-1112 or by email at 2lifeinc2@gmail.com

Directions

McDaniel College is located in Westminster, Maryland, just 30 miles from Baltimore and 60 miles from Washington, D.C.

Driving directions and a map of the College can be found online at:

<http://www.mcdaniel.edu/information/visitor-resources>

The Forum is located in Decker College Center, which is located in building #13 on the campus map available at the link above.



McDaniel College
2 College Hill
Westminster, Maryland 21157
410- 848-7000

Requests for sign language interpreters are welcome and can be made up to one week prior to the event by contacting interpretingservices@mcdaniel.edu.

Other accommodation requests can be directed to Conference Services at 410-857-2212.



MARYLAND

Conference 2015

The State of Aging in Maryland

August 5, 2015
8:15 am – 4:30 pm

Co-Hosts:
The Center for the Study of Aging (CSA) at McDaniel College
& The Learning Institute For Excellence (L.I.F.E.), Inc.

McDaniel College
The Forum
Decker College Center
Westminster, MD 21157





The State of Aging in Maryland: Wednesday, August 5, 2015

McDaniel College: The Forum- Decker College Center

(visit www.mcdaniel.edu/csa for session descriptions)

Co-Hosts: The Center for the Study of Aging (CSA) at McDaniel College & The Learning Institute For Excellence (L.I.F.E.), Inc.

8:15-9:00 am

Registration & Continental Breakfast

9:00-9:15 am

Welcome & Announcements

9:15- 10:15 am

Keynote Address: The State of Aging in Maryland: Where Are We? Where Are We Going?

Jimmy Rhee; Maryland's Secretary of the Governor's Office of Minority Affairs

10:15-10:30 am

Break

10:30-11:30 am

Developing an Age-Educated Workforce

Member, Competency Workgroup, The Association for Gerontology in Higher Education

11:30 am-1:15 pm

Lunch & Learn—Novel Ideas: Out of Sight--Out of Mind

Jim Hindman, Author of *Was Blind But Now I See*; Charles Wheatley; Director, L.I.F.E.

1:15-2:15 pm

Health Care in Maryland: Strategies to Find the Best and Most Affordable

Susan Hutfless, Ph.D.; Director, Clinical Epidemiology- Johns Hopkins University

2:15-2:30 pm

Break

2:30-3:30 pm

Improving Quality of Healthcare for Maryland Elders

John Burton, MD; Director, The Johns Hopkins Geriatric Education Center

3:30-4:00 pm

Beyond Healthcare: Initiatives to Promote Well-Being in Later Life

Diane Martin, Ph.D., The Center for the Study of Aging at McDaniel College

4:00-4:30 pm

Visit the Vendors

REGISTRATION FORM

Name _____

Position/Title _____

Company/Organization _____

Telephone _____

Street Address _____

City _____ State _____ Zip _____

Email _____

How did you hear about this program?

Please check the appropriate box below and submit payment and registration form by **July 24, 2015**.

Space is limited! Register Early!

Regular.....\$25

Full-Time Student or Senior Citizen\$20

Make check or money order payable to **Center for the Study of Aging-McDaniel College**.

Mail To:

**The Center for the Study of Aging @ McDaniel College
2 College Hill
Westminster, MD 21157**

The State of Aging in Maryland
Wednesday, August 5, 2015



The State of Aging in Maryland: Wednesday, August 5, 2015

McDaniel College: The Forum- Decker College Center

**Co-Hosts: The Center for the Study of Aging (CSA) at McDaniel College
& The Learning Institute For Excellence (L.I.F.E.), Inc.**

Schedule & Topic Descriptions

8:15-9:00am

Registration & Continental Breakfast

9:00-9:15am

Welcome & Announcements

9:15- 10:15am

***Keynote Address: The State of Aging in Maryland: Where Are We? Where Are We Going?
Jimmy Rhee; Maryland's Secretary of the Governor's Office of Minority Affairs***

Secretary Rhee will provide us, as a keynote challenge for the conference, his overview of the state of the current needs and responses for aging in Maryland, our region, and the nation. He will follow this by outlining plans on providing for the future enhancements that will be needed to meet the challenges ahead. Insights relating to specific issues particular to minorities and women in the senior community, who together actually form a majority of all our aging population, will be a highlight of a portion of his remarks. He has indicated that he will be asking each of us to find ways to share in the responsibility and privilege of adding our support to make our goals attainable.

10:15-10:30am

Break

10:30-11:30 am

Promoting Optimal Aging: Development of an Age-Educated Workforce

Member, Association for Gerontology in Higher Education—Competency Workgroup

Just as they questioned and changed society as young and mid-life adults, *Baby Boomers* are changing the way we view older adults, the aging process, and how we interact with elders. As a result, the need for an age-educated workforce has arrived! Gerontologists understand the science of aging and apply it to improve quality of later life while meeting the needs and wants of persons as they age within their families, communities, and societies. But what is a Gerontologist? How are older persons involved in decision making? What knowledge and skills does a Gerontologist possess that can be of value to elders and the organizations and businesses that support them? Through a discussion of their recently released competencies for degree programs in Gerontology, the Association for Gerontology in Higher Education answers these questions and more.

11:30 am-1:15 pm

Lunch & Learn—Novel Ideas: Out of Sight--Out of Mind

Jim Hindman; Hospital Administrator, Founder of Jiffy Lube, Author of *Was Blind But Now I See*

Charles Wheatley; Director and Co-Founder of the Learning Institute For Excellence, (L.I.F.E.) Inc.

Jim Hindman has led a miraculous life from his early days as a shoeshine boy in Iowa. He is the founder of the Medical Center at Cape Canaveral, a nursing home chain, and the Jiffy Lube organization. He has been a college football coach and authored a book on his battle with macular degeneration, ***Was Blind But Now I See***. Mr. Hindman will highlight his life's trajectories and also provide us with an account of the results of his dogged determination to see again after being declared legally blind. Raising proceeds from the sale of his book is his primary commitment to help others in the battle against macular degeneration.

Charles Wheatley appreciates that the mind plays a critical role in providing a happy and successful experience; be it better grades for students, better job training for adults, or a better life for seniors. For the last 21 years Mr. Wheatley and his wife, Charlotte Wheatley, Director and Co-Founders of L.I.F.E., have been incorporating their varied training and experience into work with L.I.F.E. They have provided the means to assess and remediate hundreds of individuals with learning abilities problems by incorporating a variety of programs developed by them and others. They have brought this experience into their current work designed to alleviate the problems experienced in aging related to memory and cognition.

1:15-2:15 pm

Health Care in Maryland: Strategies to Find the Best and Most Affordable

Susan Hutfless, PhD; Assistant Professor of Medicine & Epidemiology at the Johns Hopkins University

Receiving good healthcare is a long sought American dream and is particularly relevant for older patients. In order to attain it, we must develop an effective way to ensure quality medical practices at affordable costs. Susan Hutfless, PhD, who studied at Harvard, is an internationally recognized epidemiologist currently working at the Johns Hopkins University. Dr. Hutfless will share a new hallmark answer with us that she and her colleagues have developed in the medical analytics arena. It may well be the first major step in making the dream for medical care that we seek much closer to becoming a reality.

2:15-2:30 pm

Break

2:30-3:30 pm

Improving Quality of Healthcare for Maryland Elders

Dr. John Burton, MD., Director, The Johns Hopkins Geriatric Education Center

TBA

3:30-4:00 pm

Beyond Healthcare: Initiatives to Promote Well-Being in Later Life

Diane Martin, Ph.D., Director, The Center for the Study of Aging at McDaniel College

While much of the focus on aging centers on health and physical functioning in later life, optimal aging encompasses the six dimensions of wellness- physical, social, intellectual, emotional, spiritual, and vocational. The interconnectedness of these dimensions signifies the importance of assessing well-being holistically, while recognizing strengths and limitations in each domain. Initiatives such as *Senior Corps* and the various models for *Aging in Place* and *Lifelong Learning Institutes* perceive older adults through a paradigm of whole-person wellness and provide opportunities for elders to focus on their strengths and capabilities and to remain actively engaged in their communities.

4:00-4:30 pm

Visit the Vendors