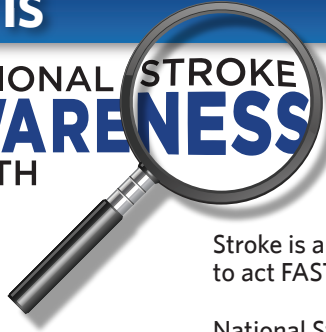


MAY IS

# NATIONAL STROKE AWARENESS MONTH



Act **FAST** for stroke

Stroke is an emergency and a brain attack. Learn how to act FAST and call 9-1-1 at the first sign of stroke.

National Stroke Association has easy ways for you to learn more about stroke before it happens to you or someone else.

**Here are a few ideas:**

- Learn FAST to help remember stroke warning signs.
- Sign up for regular email updates at [www.stroke.org](http://www.stroke.org).
- See a healthcare professional to assess your personal stroke risk.



**F**  
**A**  
**S**  
**T**

**FACE:** Ask the person to smile. Does one side of the face droop?



**ARMS:** Ask the person to raise both arms. Does one arm drift downward?



**SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?



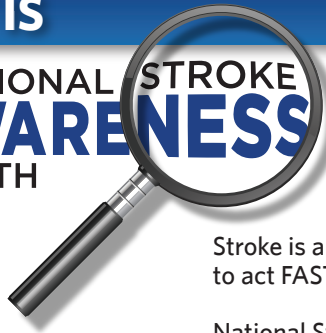
**TIME:** If you observe any of these signs, call 9-1-1 immediately.



Learn more at [www.stroke.org](http://www.stroke.org)

MAY IS

# NATIONAL STROKE AWARENESS MONTH



Act **FAST** for stroke

Stroke is an emergency and a brain attack. Learn how to act FAST and call 9-1-1 at the first sign of stroke.

National Stroke Association has easy ways for you to learn more about stroke before it happens to you or someone else.

**Here are a few ideas:**

- Learn FAST to help remember stroke warning signs.
- Sign up for regular email updates at [www.stroke.org](http://www.stroke.org).
- See a healthcare professional to assess your personal stroke risk.



**F**  
**A**  
**S**  
**T**

**FACE:** Ask the person to smile. Does one side of the face droop?



**ARMS:** Ask the person to raise both arms. Does one arm drift downward?



**SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?



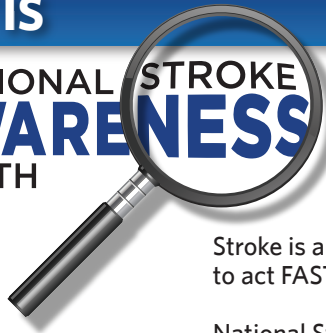
**TIME:** If you observe any of these signs, call 9-1-1 immediately.



Learn more at [www.stroke.org](http://www.stroke.org)

MAY IS

# NATIONAL STROKE AWARENESS MONTH



Act **FAST** for stroke

Stroke is an emergency and a brain attack. Learn how to act FAST and call 9-1-1 at the first sign of stroke.

National Stroke Association has easy ways for you to learn more about stroke before it happens to you or someone else.

**Here are a few ideas:**

- Learn FAST to help remember stroke warning signs.
- Sign up for regular email updates at [www.stroke.org](http://www.stroke.org).
- See a healthcare professional to assess your personal stroke risk.



**F**  
**A**  
**S**  
**T**

**FACE:** Ask the person to smile. Does one side of the face droop?



**ARMS:** Ask the person to raise both arms. Does one arm drift downward?



**SPEECH:** Ask the person to repeat a simple phrase. Is their speech slurred or strange?



**TIME:** If you observe any of these signs, call 9-1-1 immediately.



Learn more at [www.stroke.org](http://www.stroke.org)