

## Leadership in Action

Current programs and services developed with our partners include:

**A Healthy Community Vision**—The Partnership's innovative approach to collecting vital information on ways to improve the community's health by asking residents to record their thoughts on neighborhood chalkboards.

**Flu Immunization Outreach**—Promotes getting regular, annual flu shots for all appropriate ages, including homebound older adults.

**Fun in the Sun**—A summertime skin cancer prevention / awareness program held at local community pools and lakes.

**Healthy Carroll Vital Signs**—The Partnership's system for tracking and reporting on selected data points, or indicators, to gauge progress in the Community Health Improvement Areas.

**Healthy U presentations**—Small group education sessions for older adults that focus on priority health areas.

**Our Community Dashboard**—A web-based system encompassing a wide variety of data for Carroll County. Collected from a number of resources, this data is updated when new information becomes available.

**Stay Strong**—An inspirational video series that promotes healthy nutrition and physical activity habits; features Carroll County community members and local resources.

**TryVent**—A celebration of health and wellness for those 45 and older with opportunities to try new, fun, and challenging sport and recreation activities.

**Walk Carroll**—A free program offering local events and regular walking groups for anyone who lives, works, or plays in Carroll County.

Visit us on the web at [HealthyCarroll.org](http://HealthyCarroll.org) to find out about:

- Local health headlines and events
- New community health initiatives
- Links and downloadable brochures and booklets
- Health statistics for Carroll County
- Volunteer-based leadership and action teams that you can join



Ed Singer, Health Officer, C.C.H.D.

Dorothy Fox, Executive Director / C.E.O. The Partnership

Leslie Simmons, President, Carroll Hospital



**The Partnership**  
for a Healthier Carroll County

The Partnership for a  
Healthier Carroll County, Inc.  
535 Old Westminster Pike, Suite 102  
Westminster, MD 21157

410-871-7645 | Fax: 410-871-6325  
[ThePartnership@HealthyCarroll.org](mailto:ThePartnership@HealthyCarroll.org)

**Connecting people.  
Inspiring action.  
Strengthening community.**



**The Partnership**  
for a Healthier Carroll County

[HealthyCarroll.org](http://HealthyCarroll.org)



## Connecting people.

### Who We Are

The Partnership for a Healthier Carroll County, Inc., was established in 1999 by progressive leaders from Carroll Hospital and the Carroll County Health Department. We work with individuals, organizations, and agencies in Carroll County to create a healthier community. With support from our many partners, we organize local initiatives and influence policies to promote health and wellness. Our success is based on sharing activities and resources.

### Our Mission

The Partnership for a Healthier Carroll County, Inc., strives to build the capacity of individuals and organizations to improve the health and quality of life in Carroll County, Maryland.

### Strategic Goal Areas

- Innovate to Improve Quality of Life
- Serve in Advocacy and Authority Role
- Promote and Endorse Holistic Health & Wellness
- Identify Emerging Issues and Opportunities



## Inspiring action.

### What We Do

Teamwork is at the heart of everything we do. With the help of many dedicated local partners, we:

- Promote healthy lifestyles
- Inspire leadership in the community
- Develop new relationships to address emerging health needs
- Advocate for change that translates into better health and quality of life for Carroll County residents
- Track and interpret health data to continually “check the pulse” of our community and monitor results

### Assessing Community Health

The Partnership collects the most up-to-date community health information to identify the most critical community health needs by means of the *Community Health Needs Assessment*. After identifying needs, The Partnership and key local allies form strategies that focus on the priority areas. Current improvement areas for Carroll County are:

- Diabetes
- Heart Health
- Cancer
- Obesity

These areas are addressed in the work of our Leadership Teams: the *Advancing Health and Wellness Leadership Team* and the *Healthy Aging Leadership Team*.

### Planning and Collaboration

Coordination with key partners takes place through our involvement with the Community Benefit and Health Improvement Plan (Carroll Hospital), the Local Health Improvement Coalition (Carroll County Health Department), and other agencies/organizations in strategic planning. The Partnership also collaborates with local and state government officials.

## Strengthening community.

### Guiding Your Quest for Good Health

Many resources to help people live healthier lives have been developed by The Partnership. All resources are free and available online at [HealthyCarroll.org](http://HealthyCarroll.org) (printed copies available when applicable):

- *Healthy Carroll Local Links* - a printable, clickable resource list with links to info about local, free or low-cost resources to support a healthy lifestyle,
- *Healthy Carroll Families* – an electronic resource handout with seasonal, family-friendly info about nutrition and physical activity,
- *Healthy Dining Guide of Carroll County*,
- *The Carroll Card* – a wallet-sized card listing a variety of general community resources,
- *Substance Abuse and Mental Health Resource Directory for Carroll County*,
- *Healthy U* - a set of printable handouts and booklets supporting lifelong wellness for older adults.

### Acknowledgements and Awards

Each year The Partnership hosts a forum known as *We're On Our Way*. At this event, we review and celebrate progress towards our shared vision of health. Outstanding achievements by local groups and individuals are recognized in our program awards:

**Dr. Janet W. Neslen Award** – for outstanding efforts in improving access to healthcare.

**Karen Feroli Community Champion Award** – for an individual whose actions strengthen our community's health.

**Worksite Wellness Award** – for outstanding achievements in employee health promotion and wellness programs.

### Our Vision

The Partnership for a Healthier Carroll County, Inc., will be the leader in healthy community strategies, implemented by the Carroll County, Maryland community, to achieve the highest level of health possible.