

MENTAL HEALTH

Advanced Behavior Health

Vera Kurdian LCSW-C, Regional Director

1003 W 7th Street #500, Frederick, MD 21702

301-345-1022 Fax: 240-306-1735

Verakurdian@gmail.com

abhmaryland.com

Serving Carroll, Frederick, Montgomery, Baltimore and Greenbelt. Providing in-home and community based therapy. Psychiatric care and medication management. Specializing in AXIS I disorders. Additionally, minimizing at-risk behaviors for youth and children. Accepts Medical Assistance only.

Baker, Nora — LCSW-C

518 E. Baltimore Street, Suite 4, Taneytown, MD 21787-2402

443-875-8440 Fax: 717-642-6040

Hours available by appointment

Provides individual, family and couples counseling. Accepts most insurance. Variable fees apply. Serves ages 9 to adult.

Billingslea, Nan — LCSW-C

15 E. Main Street, Suite 224A, Westminster, MD 21157-5034

410-848-5155

Hours by appointment

Provides individual, marital, and family therapy with a focus on school and community behavioral problems, depression and anxiety, and women's issues.

Boris, Thomas Edward — Ph.D., Psychologist

215 Washington Heights, Westminster, MD 21157-5632

410-848-0244

Monday - Wednesday; by appointment

Specializes in anxiety and panic disorders. As a nationally board certified hypnotherapist, provides hypnosis for pain control, smoking cessation, and weight control. Contact provider for additional specialty areas. Certain insurance plans



accepted; please check for availability. Some fees negotiable. Serves all ages.

Carroll Counseling Centers

1380 Progress Way, Suite 101, Eldersburg, MD 21784-6498
410-549-5181 Fax: 410-549-5182

1131 S. Main Street, Suite 202, Mount Airy, MD 21771-5457

301-829-2242 Fax: 301-829-2290

office@carrollcounseling.com

carrollcounseling.com

Monday - Friday: 9 am - 1 pm and 2 pm – 5 pm

Before and after hour appointment may be available upon request

Provides psychological evaluation, psychotherapy, psychological, neurological and educational testing, court-ordered evaluations, hypnotherapy, and medication management for children, adolescents, and adults. Attention and Learning Disorders Clinic. Sliding scale fees available based on ability to pay. Various insurance accepted. Serves ages three to seniors.

Carroll County Youth Service Bureau, Inc.

59 Kate Wagner Road, Westminster, MD 21157-6957

410-848-2500 Fax: 410-876-3016

ccysb.org

Monday -Thursday: 8:30 am - 8:00 pm; Friday 8:30 am - 4:00 pm;

Saturday 9:00 am - 2:00 pm

Provides multi-disciplinary mental health and substance abuse treatment, as well as a continuum of specialty programs to children and adolescents, adults and families. For a detailed description of these services, please call or refer to the website, ccysb.org. Services include outpatient mental health services, substance abuse treatment, Assertive Community Treatment, family preservation, home-based family therapy, brief strategic family therapy, separation and divorce seminars, assessments for suicide and self-injury, interactive group therapy for adolescents, parent/child interactive therapy, and a training site for graduate social work and counseling students.

Carroll Mental Health Care

Carrolltowne Healthcare Center

1643 Liberty Rd Suite 204, Eldersburg, MD 21784

410-552- 9004

carrollmhc.com

Tuesday and Thursday: 9:00 am – 1:00 pm & 2:00 pm – 6:00 pm;

Saturday: 9:00 am – 2:00 pm

Closed Monday, Wednesday and Friday

Provides psychiatric services to children, adolescents and adults. Offers suboxone treatment program. Accepts many insurance plans. Serves age 5 and older. New patients are recommended to call the center.

Catoctin Counseling

63 E. Main Street, Suite 100, Westminster, MD 21157-5036

410-848-9091

catoctincounseling.com

Provides counseling in substance abuse, domestic violence, anger management, mental health, families, and couples. Program length varies according to individual needs. Makes every effort to work with insurance companies. Offers a sliding fee scale for services in substance abuse, anger management, and substance abuse groups.

Cedar Ridge Counseling Centers, LLC

1311 Londontowne Blvd., Suite 130A, Eldersburg, MD 21784-6556

2 Locust Lane, Suite 203, Westminster, MD 21157-5075

410-552-0773 Fax: 443.200.0267

cedarridgecounseling.com

Monday – Friday: 7:00 am – 10:00 pm;

Saturday – Sunday: 9:00 am – 5:00 pm

Mental health services include individual, couple, and family therapies. Provides biofeedback training, substance abuse assessment and counseling, school consultations, employee assistance, and parent education. Psychological testing is available. Counseling for dual-diagnosed addictions clients is also available. Fees vary with individual insurance coverage. Accepts various insurances and private pay. Serves all ages.



Center for Eating Disorders, Sheppard Pratt

Physicians Pavilion North

6535 N. Charles Street, Suite 300, Baltimore, MD 21204

410-938-5252 Fax: 410-938-5250

EatingdisorderInfo@sheppardpratt.org

eatingdisorder.org

Monday – Friday: 9:00 am – 5:00 p.m for Outpatient; Others by Appointment

Offers comprehensive, individualized care for children, adolescents and adults with eating disorders including anorexia nervosa, bulimia nervosa, binge eating disorder and compulsive overeating. Accepts most insurance, Medical Assistance, Medicare, Tri-Care. Serves ages 8 and older.

CentrePointe Counseling, Inc.

354 Crest Lane, Westminster, MD 21157

(other locations in MD listed on website)

800-491-5369 x120 Fax: 301-774-3678

centrepointecounseling.org

Hours by appointment

Provides a Christian-based counseling for couples, family and individuals. Other services include anger management, eating disorders, grief, loss, addictions, and relationship counseling. No psychiatrist. Accepts Medicare, Medical Assistance and other commercial insurance and varies by location. A sliding fee scale scholarship is available. Serves ages 3 and up.

Congruent Counseling Services

6220 Georgetown Blvd. Suite C, Eldersburg, MD 21784

410-740-8066 Fax: 410-740-8068

congruentcs@gmail.com

congruentcounseling.com

Monday - Friday: 10:00 am – 9:00 pm

Offers individual, family, couples and marital counseling for various mental health and substance abuse concerns. Accepts most major insurance. Serves children, teens, and adults.

The Counseling Center for Change

Dawn O'Meally, LCSW-C & Associates

1812 Baltimore Blvd., Suite B, Westminster, MD 21157

443-590-0030

tcc4change.com

Monday – Friday: 7:00 am – 8:00 pm; Some Saturdays

Provides counseling for individuals, couples, families, and groups. Counseling areas include nutrition, self-esteem, bariatric surgery, parenting and advocacy for individual educational plan with the school system. Insurance varies by therapist. Accepts Medical Assistance, Medicare and most insurances. Serves ages 12 to adults.

The Counseling Renaissance

7533 Main St., Suite 1F, Sykesville, MD 21784

410-970-6964 Fax: 410-549-6817

[*gmrassa@verizon.net*](mailto:gmrassa@verizon.net)

counselingrenaissance.com

Hours by appointment

Offers weekly or biweekly sessions to work on personal goals, improve functioning in the community, and in one's family and/or relationships. Issues include depression and anxiety, marriage, life changes, organization and memory strategies, and caregiver support. DWI/DUI education and treatment group meets Thursday at 6:30 pm For individual or family therapy accept various insurance or negotiates per session rate. Service ages 6 to 70.

Family and Children's Services

22 North Court Street, Westminster, Maryland 21157

410-876 -1233 Fax: 410-876-4791

fcsmd.org

Monday – Friday: 8:30 am - 4:30 pm; After hours: 443-865-8031

Assists families who are facing separation, domestic violence, child sexual abuse, and other hardships that increase stresses of daily living. Offer domestic violence program, child abuse treatment services, general counseling and medication management. Accepts Medicare, Medical Assistance and most insurances and there is an Ability to Pay scale for those without insurance. Serves ages 3 to seniors. Psychiatrist sees ages birth to seniors.



Finksburg Counseling Services

1812 Baltimore Boulevard, Suite A, Westminster, MD 21157-7144
410-751-6176 Fax: 410-857-4176

Monday - Thursday: 9:00 am – 9:00 pm; Friday: 9:00 am – 5:00 pm

Mental health services include individual, couples, family, and group therapies as well as medication management therapy for adolescents, adults and seniors. Staff is comprised of psychiatrists, licensed clinical professional counselors, and licensed clinical social workers. The office is convenient to Carroll, Frederick, and Baltimore counties as well as southern Pennsylvania. Private insurance, Medicare, and self-pay are accepted. Serves ages 6 to adult.

Foster, Jodie — LCPC

15 E. Main Street Suite 302, Westminster, MD 21157-5025
443-536-7340 Fax: 410-751-6335

jodiefosterlcpc@gmail.com

[**jodiefosterlcpc.com**](http://jodiefosterlcpc.com)

Monday - Friday, some evening hours available

Specializing in child and family therapy. Provides counseling services to individuals and/or families with a wide range of concerns. Issues include depression, anxiety, ADHD, parenting concerns, oppositional behaviors, bereavement, child abuse, trauma, bipolar disorder, and developmental disorders. In-network for Maryland Medicaid and out-of-network for all other insurances. Clients are provided with the necessary paperwork to submit claims on their own to their insurance company. Serves all ages.

Hodgins, Shannon, LCSW-C

443-564-3473

shannonvhodgins@yahoo.com

Provides in-home therapy for Carroll County and surrounding areas. Specializes in anxiety, depression, mood and developmental disorders, trauma, behavioral concerns, family conflict and stress management. Accepts Medicare only. Only serves adult clients.

Hollander Counseling Associates, LLC - Relationships Work

280 E. Main Street Suite 103, Westminster, MD 21157
410-363-2825 Fax: 410-363-1612

info@relationshipswork.com

relationshipswork.com

Hours by appointment

Provides relationship coaching for individuals, couples, family and group therapy. Services include anxiety, depression, divorce, family counseling, marriage counseling, mediation, mental health - outpatient, parenting, personal counseling, stress. Accepts most insurances, but not Medical Assistance. Serves adults.

Inner Journey Counseling Center, Rubin, Gregory – LCPC

5420 Klee's Mill Road Suite 6, Sykesville, MD 21784-9230
410-615-6846 Cell: 410-615-6846 Office: 410-552-5290

innerjourneyc.com

gregoryrubin@comcast.net

Monday – Saturday, by appointment

Provides treatment in the following areas: depression, substance abuse, anxiety, grief, bereavement, loss, life transition and review, problems at school or work and spiritual conflicts. Fees vary and billable thru insurance. Accepts Medical Assistance, and some sliding scale schedule. Does not accept Medicare. Serves ages 6 and up.

**Inspirit Counseling Services of Maryland
At Westminster United Methodist Church**

165 E. Main Street, Westminster, MD 21157
800-427-4027 410-433-8861 Fax: 410-443-1249
info@inspiritmaryland.org

Provides counseling and psychotherapy services to individuals, couples and families as well as specialized services in addictions counseling, marriage preparation, and other educational programs. Accepts most insurance and Medicare is dependent on the counselor. Offers limited sliding scale fees based on income. Handicap Accessible. Serves ages 18 and older at Westminster location.

Integrative Counseling

6220 Georgetown Blvd. Suite C, Eldersburg, MD 21784
410-740-8067 Fax: 410-740-8068

frontdesk@ccs-ic.com

integrative-counseling.com

Hours by appointment



A partner of Congruent Counseling, provides tailored educational and psychological testing. Educational and treatment services meet several state requirements for court ordered treatment. State of Maryland certified in outpatient treatment and DWI/DUI education. Offers alcohol and marijuana education sessions. Other services include anger management, mens' parenting classes, interpersonal violence program, substance abuse or addiction education and treatment, individual, couples or family counseling, and psychiatric medication management. Visit website for insurance information. Serves children, teens and adults.

Klein, Gary Medical Psychiatrist

280 East Main Street, Suite 101, Westminster, MD 21157

410-876-8646

Monday - Friday: 9:00 am – 7:00 pm

Dynamically oriented psychotherapy. Offers play therapy, medication management, attention deficit hyperactivity disorder and evaluations. Accepts EHP Hopkins Insurance and private pay. No Medical Assistance or Medicare. Limited sliding fee scale. Serves infants through adults.

Life Renewal Services, Inc.

247 E. Main Street, Westminster, MD 21157

443-289-8149 Fax: 443-821-3280

Offers psychiatric rehabilitation program to develop communication, social, independent living skills, coping skills, therapeutic and recreational activities. Provides psychiatric services on an outpatient basis, if medicine management is needed. Assists with behavioral and motivational problems, low self-esteem, anger issues and challenges with authority. Accepts Medical Assistance. Serves ages 4 thru 24.

Locklear, Eileen, PhD.

Eldersburg Medical Center

1645 Liberty Road, Suite 104, Eldersburg, MD 21784

410-795-4764 x1 Fax: 410-795-4462

Hours vary. No weekends.

Service areas include anxiety, depression, personality disorders, post-traumatic stress disorder, domestic violence, and adult survivors of abuse. No psychiatrist.

Accepts most insurance, but varies by plan. Medical Assistance not accepted. Serves ages 14 and older.

Main Street Mobile Treatment & Community Mental Health Center

37 Main Street, Reisterstown, MD 21136

410-526-7882 Fax 410-526-9855

Mscmhc2004@netscape.net

mainstreetmentalhealthinc.org

Monday, Tuesday, and Thursday: 9:00 am – 6:00 pm;

Wednesday: 9:00 am – 8:00 pm;

Friday: 9:00 am – 4:00 pm

Offers child and adult psychiatric services. Mental health counseling - comprehensive psychosocial evaluations; individual, family, and group therapies; crisis services, and referrals to other community based services as needed. Provides special services for children; client advocacy; medication management, health promotion and training; case management; mobile treatment for the homebound. Accepts most insurance. Handicap accessible. Serves ages 6 and older.

Mosaic Community Services, Inc.

288 E. Green Street, Westminster, MD 21157-5410

410-751-5970 Fax: 410-751-5647

mosaicinc.org

Monday -Thursday 8:30 am - 8:00 pm; Friday 8:30 am - 4:00 pm

Serves to enhance the quality of life for people with mental illness. Mosaic is an affiliate of the Sheppard and Enoch Pratt Foundation. Clinical staff includes psychiatrists, psychologists, clinical social workers, nurses, and licensed counselors. Rehabilitation and housing staff members work in teams led by experienced psychiatric practitioners or a mental health professional. Services include vocational rehabilitation program. All programs are licensed by the State of Maryland. Accepts most insurance, Medicare, and Medical Assistance. Serves individuals ages 16 and older.

New Path Counseling Center, LLC

Carroll Plaza Shopping Center

250 Englar Road, Suite 3, Westminster, MD 21157-2929

410-615-3469 Fax: 800-251-0179



admin@newpathcounselingcenter.com

newpathcounselingcenter.com

Monday, Tuesday, Wednesday and Friday 9:00 am - 9:00 pm;

Thursday 4:00 pm – 9:00 pm; Saturday 9:00 am - 5:00 pm

Offers individual, family, and couples therapy. Assessment and counseling for DUI issues/charges available. Works with substance abuse/addiction, depression, anxiety, stress, trauma, grief, divorce, work place issues, dual diagnosis, and relationship/marriage difficulties. Accepts most major insurance. Does not accept Medical Assistance. Serves ages 14 to 65.

New Perspectives

Hunter Professional Center

904A Washington Road, Westminster, MD 21157-5827

410-751-9205 Fax 410-751-6191

nperspectives.com

Day and evening appointments available

Offers treatment for depression, anxiety, relationship problems, stress, behavioral problems, and attention deficit disorders. Provides child custody mediation for clients referred by the Carroll County court system. Contact provider for more specific information. Offers individual, marital, and family counseling for children, adolescents and adults. Accepts most insurances. Serves ages 5 and older.

North Carroll Abuser Intervention Recovery & Wellness Program

North Carroll Counseling Center

1011 S. Main Street, Hampstead, MD 21074-2230

443-293-2665 Fax: 410-552-9881

Offers a comprehensive curriculum designed to promote and preserve safety from abuse for spouses and children that are put at risk by batterers. This 26-week program follows the operational guidelines of the Maryland Governor's Council on Family Violence, compelling offenders to be accountable for their actions while understanding the damaging effects of power and control on their partners, families, communities, and themselves. Clients meet in a group setting for educational sessions about abuse while working on any psychological issues. Topics include personal accountability, defining abuse, denial, blame, empathy for victims and bystanders, anger management, self-control, and understanding available

resources in the community. Open to males who have been abusive to an intimate partner. Clients may volunteer or be court ordered to attend.

Patterson, Rosemary — Ph.D., Psychologist

7349 Springfield Avenue, Sykesville, MD 21784-7548

410-549-1040 Fax: 410-549-1040

Monday -Thursday: By appointment

Offers family and couples counseling and individual therapy/counseling to children, adolescents, and adults. Accepts most major health insurance and Medicaid.

An adjustable fee schedule is available for those not covered by insurance or a participating provider. Medicare, Medicaid and most major insurance plans accepted. Fee for service also available for patients who prefer not to utilize their insurance.

Serves age 5 and up.

Potomac Case Management Services

255 Clifton Blvd., Suite 309, Westminster, MD 21157

443-244-4113 800-975-2086 Fax: 443-293-7086,

info@pcmsinc.org

pcmsinc.org

Monday – Friday: 8:00 am – 4:30 pm

Services include targeted case management. Assist with connecting clients to services for maintaining housing, managing medication, ensuring medical needs are met, and linking to services for employment preparation. Accepts Medical Assistance. Serves children through adults.

Pro Bono Counseling Project

110 West Road, Suite 202, Baltimore, MD 21204-2375

301-805-8191 Fax: 410-825-1388

probonocounseling.org

Monday – Friday: 9:00 am – 5:00 pm

Connects low-income families and individuals with licensed mental health professionals who provide care at no cost in Carroll County and throughout the state of Maryland.

This non-profit, public service project serves clients with a wide variety of mental health needs including family and couples issues, anxiety, self-esteem, social interaction, cancer survivors, adjustment to terminal illness, grief, separation and divorce, caregivers, physical



and sexual abuse. Available programs include the Jean Steirn Cancer Program, Caring for the Caregivers, Private Counseling for Public Service (for military service members and their loved ones), Parenting Alone, Helping to Build Healthy Families, Transition and Depression, Elderly and Underserved, and Victims of Violence. Serves all ages.

Progressive Counseling and Treatment Service, Inc.

266 E. Main Street, Westminster, MD 21157-5528

410-848-7848 Fax: 410-857-5172

pcounseling@yahoo.com

Monday -Saturday: By appointment

Offers solution-focused therapy by providing life management strategies with a spiritual focus for individuals, families, couples, and children struggling with various clinical issues. Treatment areas include anxiety and depression, conflict resolution skills, marital counseling, parenting, adolescent issues, eating disorders, child abuse, young adult concerns such as college adjustment, family therapy for addictions, stress management, health-related issues, grief counseling, and career adjustment. Accepts Aetna, Blue Cross/Blue Shield and Medical Assistance. Fees are negotiated. Serves all ages.

Prologue, Inc.

1425 Liberty Road, Suite 208, Eldersburg, MD 21748

410-549-3508 Fax: 410-549-6510

prologueinc.org

Monday - Friday: 9:00 am - 5:00 pm

Provides services to people with mental illness and those experiencing homelessness. Offers a residential and psychiatric rehabilitation program. Accepts Medical Assistance and payment on sliding fees scale. Accepts private insurance in rare instances. Serves ages 18 to 64.

Re-Entry Mental Health Services

40 S. Church Street, Suite 105, Westminster, MD 21157-5414

410-848-9244

Monday -Thursday: 9:00 am - 9:00 pm

Provides therapy to the general public for loneliness and depression, anxiety,

marital conflicts, separation and divorce, phobias, stress, alcohol, codependence, and drugs. Other services include individual psychotherapy, family therapy, marital therapy, couple's therapy, group therapy, alcohol counseling, child psychotherapy, adolescent psychotherapy, stress management, and crisis management. Several clinicians are on staff, including psychiatrists, psychologists, psychiatric social workers, addiction counselors, and clinical nurse specialists. All clinicians are licensed and certified. The alcohol and drug counseling program is certified by the Alcohol and Drug Abuse Administration. Also offers a Maryland Vehicle Administration-approved DWI Alcohol Education Program. Accepts most major medical insurance plans, Medicare, and most HMOs.

Rhoton, Kim — LCSW-C, Licensed Therapist

15 E. Main Street, Suite 224A, Westminster, MD 21157-5034
410-848-5155 x 3

Profile on psychologytoday.com
kimrhoton@hotmail.com

Hours by appointment, offer day and evening hours

Provides outpatient individual, child, couples, and family therapy using a strengths-oriented, time-limited approach. Offers therapy for adolescent and family issues, communication problems, separation, divorce, and co-parenting, marital issues including disconnect, and mental health issues. The focus is on helping clients resolve issues using their strengths and capabilities in a time-limited approach. Accepts Cigna plans, out of network, and fee for service. Serves children, adolescents and adults.

Rickeman, Alexandra Goerl

443-861-5547

alex@communicationforcouples.com
communicationforcouples.com

Specializes in therapy for couples and families struggling with separation or divorce. Focuses on helping couples improve relational and communication skills. Offers premarital counseling. Serves all ages. Call for location and directions

Safe Harbor Christian Counseling

For information on all locations go to safeharbor1.com

Lifehouse Church

1332 Londontowne Boulevard, Sykesville, MD 21784



410-857-4770

Call for appointment

Liberty Church

1641 Old Westminster Road, Westminster, MD 21157

410-902-1109

Call for appointment

Offers counseling for children, adolescents, adults, individuals, couples, and families from a Christian standpoint. Also offers seminars. Contact provider for additional details. Offers a sliding scale fee. Most insurance accepted.

Springfield Hospital Center

6655 Sykesville Road, Sykesville, MD 21784-7966

410-970-7000 800-333-7564

Fax: 410-970-7005 TTY/TDD: 410-549-7950

dhmh.maryland.gov/springfield

Office hours: 8:00 am – 5:00 pm / Facility: Open 24/7

To receive and treat people who need in-patient psychiatric hospitalization. This state psychiatric hospital operates under the jurisdiction of Maryland's Behavioral Health Administration and provides in-patient mental health services for Maryland residents. Volunteer opportunities are available. Serves individuals age 18 through the geriatric years.

Thomas, Stephnie — Licensed Clinical Professional Counselor

77 E. Main Street, Suite 204, Westminster, MD 21157-5064

410-236-1470 Fax: 410-751-2090

stephnet@gmail.com

stephthomas.com

Tuesday, Thursday and Friday by appointment only

Provides specialized psychotherapy services to those in need, particularly those with anxiety, obsessive compulsive disorder, and post-traumatic stress disorder. Offers counseling experience from a pastoral perspective, helping clients learn new ways of approaching and defusing the anxiety they feel in their everyday lives. Also works with issues such as chronic medical illnesses, fear of flying, depression, and interpersonal issues. Sliding fee scale is available on a limited basis. Accepts Aetna,

Blue Cross, Tricare, MHN, Cigna, and Medical Assistance. Clients are responsible for contacting and verifying insurance reimbursement rates. Serves ages 11 to 64.

Thompson, Patricia, PhD

1645 Liberty Road, Suite 104, Eldersburg, MD 21784
410-795-4764

Offers individual, couple and family counseling in areas of anxiety, depression, grief and loss, women's, school, and parenting and behavioral issues. No psychiatrist available. Accepts most insurance but not Medical Assistance or Cigna. Serves ages 3 and older.

Touchstone Counseling and Consultation, Inc.

Dr. Marianne S. Grabowski, D.Min., NCC, LCPC

15 E. Main Street, Suite 224A, Westminster, MD 21157-5034
410-848-5155 Fax: 410-848-5638

touchstonecc@comcast.net

Provides counseling services to individuals struggling with mental health issues. Offers assistance with mood, anxiety, and adjustment disorders; grief and loss issues; separation and divorce; life stage transitions; religious and spiritual issues; and clergy issues. Accepts most insurance as an out-of-network provider. Serves adults.

Transformations Psychotherapy Service

Susan Berkowitz, LCSW-C

3403 Pleasant Plains Drive, Reisterstown, MD 21136
410-876-2522

transformutoday.com

Hours after 3:00 pm by appointment

Service areas include Anxiety and Depression; Family therapy involving addiction, women's issues, trauma survivors; History of childhood or sexual trauma; Eye Movement Desensitization and Reprocessing, Depression; Eating Disorders; Marriage counseling; Mental Health-outpatient, personal counseling, sexual abuse, separation and divorce; postpartum depression; wellness. Out-of-network provider only. Out-of-pocket fees are negotiable. Serves ages 14 and older.



Villa Maria of Carroll County Behavioral Health Services Associated Catholic Charities

1129 Business Parkway South, Suite A, Westminster, MD 21157-3004
410-848-2037 Fax: 410-848-5273

catholiccharities-md.org/mental-health/mental-health-clinics/

Monday - Friday: 9:00 am – 5:00 pm and by appointment

To provide quality caring and compassionate behavioral health services to children, adults, families, and groups with the goal of improving overall functioning in the school, home, work, and community by enhancing skills and building positive relationships. Services for children are focused towards working in collaboration with the school, family, or other support network. Provides individual, family, and group therapy; parent training in behavioral management; case coordination services; psychiatric evaluation and consultation; medication management; school-based behavioral health services in some approved schools; Child & Adolescent Psychiatric Rehabilitation Program services in the community to enhance social skills development and overall resiliency; Family Support Group held monthly for parents or caretakers (upon request); Early Childhood Mental Health consultation; general information and referral services. Also serves the Spanish-speaking population. Accepts Medical Assistance and uninsured eligibility as approved by state criteria. Serves ages 3 to adult.