



## FOOD AND HOT MEALS

### GROCERIES

#### **Carroll County Food Sunday**

##### **Citizen Services Building**

10 Distillery Drive (Ground Floor), Westminster, MD 21157-5021

410-857-7926 Fax: 410-857-0418

*ccfs@qis.net*

[ccfoodsunday.org](http://ccfoodsunday.org)

Collects non-perishable food and money to buy food, and make it available to people who are hungry. Donations are accepted at any time, but food and money are formally solicited on a quarterly basis. Food Sunday distributes from the following county sites:

Westminster, from 10:00 am to 11:15 am and 1:00 pm to 2:15 pm, Tuesday through Thursday, and 9:00 am to 11:15 am, Saturday at 10 Distillery Drive (ground floor).

Taneytown, from 9:30 am to 11:15 am, Thursday at St. Joseph's Catholic Church, 44 Frederick Street. Eldersburg, from 10:00 am to 12:00 pm, Wednesday at St. Joseph's Catholic Church, Freedom Avenue and Liberty Roads. The food is free and served to anyone in need.

#### **Deeds of Faith Food Pantry**

##### **Crosswind Church**

640 Lucabaugh Mill Road, Westminster, MD 21157-3814

410-848-5537 Fax: 410-876-0162

[mycrosswind.com/deeds-of-faith-food-pantry](http://mycrosswind.com/deeds-of-faith-food-pantry)

Monday - Friday: 8:30 am - 4:30 pm (Church office)

Pantry Hours- Mon: 4:00 pm to 7:00 pm;

Friday: 10:00 am - 12:00 pm, 2:30 pm - 4:30 pm

#### **Meals on Wheels of Central Maryland, Inc., Carroll County Branch**

255 Clifton Boulevard, Suite 312, Westminster, MD 21157-4787

410-857-4447 Fax: 410-875-5477

*carroll@mowcm.org*

[mealsonwheelsmd.org](http://mealsonwheelsmd.org)

This volunteer-based nonprofit agency provides meals to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Fees are based on a sliding scale. Food Assistance Benefits, available although the Independence Card, are accepted as payment.

### **Silver Run Community Food Pantry**

3978 Littlestown Pike, Westminster, MD 21158-1541  
410-346-7146

1st and 3rd Wednesday, 5:30 pm-6:30 pm

To collect non-perishable food items and distribute them to those who are hungry. Items are distributed from the St. Mary's Evangelical Lutheran Church parish house. Please use the Mayberry Road entrance.

### **South Carroll Food Pantry**

4th Saturday 8:30 am – 1:00 pm  
961 Johnsville Road, Sykesville, MD 21784-4903  
410-795-2777 Fax: 410-549-8700  
*wfumc@wesleyfreedom.org*

To work with the Maryland Food Bank to provide free groceries to Carroll County residents in need. Food is distributed at Wesley Freedom United Methodist Church from 9 am to noon the fourth Saturday of each month. No charge for the groceries. Photo identification is required.

### **Thanksgiving Day Community Dinner Shepherd's Staff**

30 Carroll Street, PO Box 127, Westminster, MD 21157  
410-857-5944  
*shepstaff@comcast.net*  
[shepstaff.org](http://shepstaff.org)

To provide a holiday meal for anyone who wishes to enjoy a feast and fellowship on Thanksgiving Day. A free meal is served from noon to 2:00 pm on Thanksgiving Day at St. John Roman Catholic Church. Delivery to shut-ins is available upon request.



## **Women, Infant, and Children Program (WIC)**

### **Carroll County Health Department**

290 S. Center Street, Westminster, MD 21157-5219

410-876-4898 Fax: 410-876-4459

Monday - Friday: 8:30 am - 4:30 pm

[cchd.maryland.gov](http://cchd.maryland.gov)

To help Carroll County low-income families grow up healthy and stay healthy by providing nutritious food to pregnant, breast-feeding, or postpartum women, and their infants and children up to age five. Applicants are screened for medical and/or nutritional needs; they are weighed, measured, and screened for iron deficiency. Must also meet income and residency requirements. Applicants receive nutrition counseling and referrals to medical and social services as necessary. Breast-feeding promotion and support provided where appropriate. Eligible applicants receive checks to purchase specific healthy foods. No fees are charged. Services are provided by appointment only.

## MEALS

### MONDAY

#### **11:30 am - Feed My Sheep**

**Wesley Freedom United Methodist Church**

961 Johnsville Road, Sykesville, MD 21784

410-795-2777 Fax: 410-549-8700

*wfumc@wesleyfreedom.org*

#### **12:30 pm - Loaves and Fishes**

**Westminster United Methodist Church**

165 E. Main Street, Westminster, MD

410-848-8325 / Fax: 410-876-9990

*info@wumcmd.org* / [wumcmd.org](http://wumcmd.org)

### TUESDAY

#### **12:00 pm - Table of Grace Soup Kitchen**

**Grace Lutheran Church**

21 Carroll Street, Westminster 21157

410-848-7020

### WEDNESDAY

#### **12:00 pm - Loaves and Fishes / St. John Catholic Church**

**Ascension Episcopal Church**

23 N. Court Street, Westminster, MD 21157

410-848-3251

### THURSDAY

#### **11:30 am - Carpenter's Table**

**St. Joseph Roman Catholic Church**

44 Frederick Street, Taneytown, MD 21787

410-857-5733

#### **11:30 am - Feed My Sheep**

**Wesley Freedom United Methodist Church**

961 Johnsville Road, Sykesville, MD 21784



410-795-2777 Fax: 410-549-8700  
wfumc@wesleyfreedom.org

**12:00 pm - A Meal and More**

**St. Paul's United Church of Christ**

17 Bond Street, Westminster, MD 21167

410-848-5975

*office@stpauls-ucc.org*

[stpauls-ucc.org](http://stpauls-ucc.org)

**6:00 pm - Ardent Folk**

**Grace Lutheran Church**

21 Carroll Street, Westminster 21157

410-848-7020

**FRIDAY**

**11:30 am - Feed My Sheep**

**Wesley Freedom United Methodist Church**

961 Johnsville Road, Sykesville, MD 21784

410-795-2777 Fax: 410-549-8700

*wfumc@wesleyfreedom.org*

**12:30 pm - Shepherd's Table**

**Westminster United Methodist Church**

165 E. Main Street, Westminster, MD

**Shepherd's Table**

410-857-5944

[shepstaff.org](http://shepstaff.org),

*shepstaff@comcast.net*

**SATURDAY**

**12:00 pm - Loaves and Fishes**

**Westminster Church of the Brethren**

1 Park Place, Westminster, MD 21157

410-848-8090 Fax: 410-848-0735

*office@westminsterbrethren.org*

[westminsterbrethren.org](http://westminsterbrethren.org)