

REFERRAL SERVICES

Carroll County Bureau of Aging and Disabilities

125 Stoner Avenue, Westminster, MD 21157-5451

410-386-3800 Fax: 410-840-0436 TTY/TDD 711/800-735-2258

ccgovernment.carr.org/ccg/aging/

Monday - Friday: 8:00 am - 5:00 pm

Home & Community Based Services Programs

Community Options (CO) Waiver

The Community Options waiver (CO) serves individuals who are medically, technically and financially eligible for Medicaid waiver services who have been transitioned or diverted from a nursing facility. Eligible individuals must be age 18 years or over, require a nursing facility level of care, choose to receive services in the community, and have a cost neutral plan of services that supports the individual to safely live in the community. The Community Options Waiver offers:

Assisted Living, Medical Day Care, Nutritionist/Dietician, Home delivered Meals, Personal Emergency Response Systems, Environmental Assessments, Assistive Technology, Nurse Monitoring, Personal Care, Supports Planning/Case Management, Transition Services (for example, assisting an individual to leave an institutional setting and return to the community) and additional services.

Community First Choice

The Affordable Care Act created a program called Community First Choice (CFC), which provides states the option to offer certain community-based services as a state plan benefit to individuals who meet an institutional level of care. There is no wait list for services through the CFC program. Services are provided in the individual's home or community residence by agency employed providers. The program does not have age, cost neutrality or enrollment limitations CFC offers: Personal Assistance Services, Supports Planning/Case Management, Nurse Monitoring, Home delivered Meals, Assistive Technology, Accessibility Adaptations, Environmental Assessments, Personal Emergency Response Systems (PERS) and additional services.

Money Follows the Person (MFP)

Money Follows the Person (MFP) in Maryland will help people transition from an institution, for example a nursing facility, to community living in an apartment,



private home, or small group setting. MFP initiatives increase outreach to individuals in institutions and decrease barriers to transition. New efforts under MFP include peer mentoring, enhanced transition assistance, improved information technology, housing assistance, flexible transition funds, and the addition of waiver services to existing waivers.

State Health Insurance Assistance Program (SHIP)

Trained health insurance counselors are available on an appointment basis to help seniors, age 60 and older, with questions and problems regarding:

- * Medicare
- * Medigap
- * Health Maintenance Organizations (HMO's)
- * Long Term Care
- * Qualified Medicare Beneficiary
- * Pharmacy Assistance.

Home visits are available when needed for the homebound.

Family Links Services

Human Services Programs of Carroll County, Inc.

10 Distillery Drive, Suite G-1, Westminster, MD 21157-5021

410-857-2999 Fax: 410-857-8793

hspinc.org

Monday -Thursday: 8:00 am - 4:00 pm, Friday: 10:00 am - 4:00 pm

To provide information and referral for families to find services in Carroll County to help with a variety of needs. Helps individuals take a closer look at their immediate needs, and plan for their future. Individuals will have the opportunity to explore the root of their problem, and will leave the appointment with ideas, tips, and referrals to help them work through their situation. Family Links workers can help find solutions to the following problems: financial stability and budgeting; housing emergencies such as eviction notices, foreclosures, security deposits, electric turn-offs, water turn-offs, and obtaining heating fuel; family problems; interpersonal skills/problems; job related questions and difficulties; transportation issues (work related); prescriptions; clothing; legal issues, and food. Call for an appointment. Any Carroll County resident is eligible. No fees are charged. Most programs are for ages 18 and older.

Freedom Center

c/o CC Bureau of Aging & Disabilities
125 Stoner Avenue, Westminster, MD 21157
410-386-3828

thefreedomcenter-md.org

Monday, Wednesday and Friday: 8:00 am – 4:00 pm
(Home office is 550 Highland St., Suite 510, Frederick, MD 21701;
toll free 844-513-3027)

Offers services and support in individual advocacy, systems advocacy, information and referral, peer counseling, and independent living skills training and transition services. Also help people with disabilities find services such as housing, transportation, education, personal assistance services, assistive technology and accessibility. Volunteer opportunities are available for our home office work and advocacy work. Services are federally funded and are provided at no cost. Serves all ages.

Get Connected Family Resource Center

Mosaic Community Services
255 Clifton Boulevard, Suite 204, Westminster, MD 21157
410-871-0008 Fax: 410-871-0228

getconnectedcc.org

Monday - Thursday: 9:00 am - 5:00 pm, Friday: 9:00 am - 1:00 pm

Assists families in learning about, navigating and managing systems of care as they become empowered advocates for their children. Navigators use large databases to locate services in mental health, developmental disabilities, basic needs, health, education, substance abuse, learning difficulties, and other needs. Can provide information regarding accessibility, insurance and fees of programs, waiting lists, and similar information. A resource library and computer facilities are available for public use. Translation phone available on site. Serves children from birth to age 25 and their families. All services are free.