



### **Information Listings**

**211 Maryland at United Way of Central Maryland:**

A toll-free, 24-hour, info and referral line for health human service resources. • 2-1-1 • 1-800-492-0618

410-685-0525 • [211md.org](http://211md.org)

**Carroll County Public Library:** Directory of Community Services • 410-386-4488 • [community.carr.org](http://community.carr.org)

**Get Connected Family Resource Center:** Free community referral service. • 255 Clifton Blvd., Suite 204, Westminster, MD 21157 • 410-871-0008 • [getconnected.org](http://getconnected.org)

**The Partnership For a Healthier Carroll County:**  
[healthycarroll.org](http://healthycarroll.org)

### **Food**

**Food Sunday** • Free food bank • [ccfoodsunday.org](http://ccfoodsunday.org)

**Westminster** - 10 Distillery Dr., • 410-857-7926

**Taneytown** - St. Joseph's Catholic Church, 44 Frederick St.,  
410-756-2500

**Eldersburg** - St. Joseph's Catholic Community, 915 Liberty Rd.,  
443-920-9100

**Meals on Wheels of Central Maryland, Inc. (Carroll County Branch)** Meals to homebound people. Sliding scale fee. • 255 Clifton Blvd., Suite 312, Westminster, MD 21157 • 410-857-4447  
[mealsonwheelsmd.org](http://mealsonwheelsmd.org)

### **Health**

**Access Carroll:** Medical, dental & behavioral healthcare for low-income residents of Carroll County. • 10 Distillery Dr., Suite 200, Westminster, MD 21157 • 410-871-1478 • [accesscarroll.org](http://accesscarroll.org)

## Health (continued)

- Carroll County Health Department:** 290 South Center St. Westminster, MD 21157 • 410-876-2152 • [cchd.maryland.gov](http://cchd.maryland.gov)
- **Bureau of Prevention, Wellness, and Recovery (BPWR):** Public mental health and addiction services. • 410-876-4800
  - **Children's Dental Clinic:** Dental services for children ages 1-18 who qualify for Medical Assistance. • 410-876-4918
  - **Cigarette Restitution Fund Program:** Cancer prevention, education, screening and treatment, and tobacco cessation and prevention. • 410-876-4443
  - **Kids in Safety Seats (KISS):** Car seat safety, and loaner program. • 410-876-4448
  - **Maryland Children's Health Program (MCHP):** Medical Assistance for pregnant women, children, and families. 410-876-4916 • 410-876-4960
  - **Nursing:** Clinics & health services. • 410-876-4900
  - **WIC:** Food for low-income pregnant, breastfeeding, or postpartum women and their infants/children up to age five. • 410-876-4898
- Carroll Hospital a LifeBridge Health center:** Hospital services & healthcare. • 200 Memorial Ave., Westminster, MD 21157 410-848-3000 • 410-871-7000 • [carrollhospitalcenter.org](http://carrollhospitalcenter.org)
- **Behavioral Health Services:** Mental health and addiction services. 410-871-7110
  - **Care Connect:** Physician referrals and healthcare resources. • 410-871-7000
- Carroll Hospice:** Home, inpatient adult, pediatric physical, emotional, and spiritual treatment for end-of-life care. • 292 Stoner Ave., Westminster, MD 21157 • 410-871-8000 [carrollhospice.org](http://carrollhospice.org)
- Express Care:** Medical care for non-life threatening conditions • 1011 Baltimore Blvd., Westminster, MD 21157 • 410-848-3990 [whywaitintheer.com](http://whywaitintheer.com)
- Mission of Mercy:** Medical and dental services for uninsured and underinsured held once a month on Wednesdays. • Trinity Evangelical Lutheran, 38 West Baltimore St., Taneytown, MD 21787  
Appointments call: 410-833-5870 and leave a message with a call back number. • [amissionofmercy.org](http://amissionofmercy.org)
- My Care Now:** Medical care for non-life threatening conditions. • 1311 Londontown Blvd., Suite 130, Eldersburg, MD 21784 410-549-7222 • [carrollhospitalcenter.org/mycarenow](http://carrollhospitalcenter.org/mycarenow)
- Planned Parenthood of Maryland and Pennsylvania:** Family planning services, gynecological exams, cancer screening, and STD screening. • [plannedparenthood.org/maryland](http://plannedparenthood.org/maryland)
- **Gettysburg, PA:** 963 Biglerville Rd., • 717-334-9275
  - **Frederick, MD:** 170 Thomas Johnson Dr., Suite 100 301-662-7171
  - **Owings Mills, MD:** 9129 Reisterstown Rd., • 410-363-1655

## **Health** (continued)

**Tender Care Pregnancy Center:** Free, confidential services. Including pregnancy testing, medical care services, counseling, and parenting classes. • 95 Carroll St. Suite 101, Westminster, MD 21157  
**410-848-8289 • [tendercare.org](http://tendercare.org)**

**U.N.I. Urgent Care (Westminster):** Comprehensive medical care including diagnostic testing and occupational health services. • 826 Washington Rd., Suite 110A, Westminster, MD 21157  
**410-751-7480 • [uniurgentcare.com](http://uniurgentcare.com)**

## **Human Services**

**Carroll County Department of Citizen Services:**

• **Carroll County Bureau of Aging and Disabilities:** Services for older, disabled & veterans. • 125 Stoner Ave., Westminster, MD 21157 • **410-386-3800 • [ccgovernment.carr.org/ccg/aging](http://ccgovernment.carr.org/ccg/aging)**

• **Carroll County Bureau of Housing and Community Development:** Section 8 Housing Choice vouchers, Section 8 family self-sufficiency, rental allowance, and weatherization assistance. • 10 Distillery Dr., Suite 101, Westminster, MD 21157  
• **410-386-3600 • [ccgovernment.carr.org/ccg/housing](http://ccgovernment.carr.org/ccg/housing)**

**Carroll County Department of Social Services:** Child & adult protective services, foster care, medical assistance, food stamps, cash assistance, child support. • 1232 Tech Ct., Westminster, MD 21157  
• **410-386-3300 • [dhr.maryland.gov/county/carroll](http://dhr.maryland.gov/county/carroll)**

**Human Services Program:** Help people find and utilize services. Energy assistance, fuel fund, and rental allowance program • 10 Distillery Dr., Westminster, MD 21157 • **410-857-2999**

**[hspinc.org](http://hspinc.org)**

• **Shelters (HSP):** Shelter for homeless men, women and children, family shelter, safe haven shelter. • **[hspinc.org/shelters.php](http://hspinc.org/shelters.php)**

## **Legal**

**Catastrophic Health Planners:** Free support and counseling referrals to residents facing a catastrophic health event. • 255 Clifton Blvd., Suite 202, Westminster, MD 21157 • **410-871-0751 • [chp1.org](http://chp1.org)**

**Carroll County Public Defender:** Legal representation for low-income defendants. • 101 N. Court St., Suite 140, Westminster, MD 21157 • **410-871-3636 • [opd.state.md.us](http://opd.state.md.us)**

**Legal Aid Bureau:** Provide low-income residents with free legal representation • 22 S. Market St., Suite 11, Frederick, MD 21701  
**1-800-679-8813 • [mdlaborg](http://mdlaborg)**

## **Mental Health and Substance Abuse**

**Alcoholics Anonymous:** Supportive group meetings to maintain sobriety. • 410-663-1922 • [aa.org](http://aa.org)

**Bureau of Prevention, Wellness and Recovery (BPWR):** Public mental health and addiction services. • 410-876-4800

**Carroll County Youth Service Bureau, Inc.:** Mental health services for children, adults, and families • 59 Kate Wagner Rd., Westminster, MD 21157 • 410-848-2500 • [ccysb.org](http://ccysb.org)

**Maryland Youth Crisis Hotline:** Crisis intervention, support, and referrals. • 1-800-422-0009 • [help4mdyouth.org](http://help4mdyouth.org)

**Mosaic Inc.:** Mental health services for adults. Residential and vocational services. • 288 E. Green St., Westminster, MD 21157  
410-751-5970 • [mosaicinc.org](http://mosaicinc.org)

**Narcotics Anonymous:** Supportive group meetings to maintain sobriety. • 217 N. Warwick Ave., Baltimore, MD 21223 • 410-566-4022  
[na.org](http://na.org)

**Network of Care:** Online health services • [networkofcare.org](http://networkofcare.org)

**New Path Counseling Center:** Mental health services for adolescents and adults. • 250 Englar Rd., Suite 3, Westminster, MD 21157  
410-615-3469 • [newpathcounselingcenter.com](http://newpathcounselingcenter.com)

**Potomac Case Management:** Case management services for Adults and children. • 125 Airport Dr., Suite 30, Westminster, MD 21157  
301-791-3087 • [pcmsinc.org](http://pcmsinc.org)

**Pro Bono Counseling Project:** Link uninsured, low-income families/ individuals with mental health services with no cost. • 110 West Rd., Suite 202, Baltimore, MD 21204 • 301-805 8191  
[probonocounseling.org](http://probonocounseling.org)

**Rape Crisis Intervention Service of Carroll County:** Counseling and support services to residents affected by sexual violence. • 255 Clifton Blvd Suite 309, Westminster, MD 21157 • 410-857-0900  
[rapecrisiscc.org](http://rapecrisiscc.org)

**Suicide Lifeline:** 24 hours a day/7 days a week, confidential, and free. Connects individuals to the nearest crisis center to provide emotional support in times of suicide crisis or emotional distress.  
1-800-273-8255 • [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Suicide HopeLine:** Caller can talk one-on-one with a HopeCoach who will listen and walk individual through any issue.  
1-800-784-2433 • [thehopeline.com/gethelp](http://thehopeline.com/gethelp)

**Triangle Recovery Club of Westminster:** Alcoholics Anonymous, Narcotics Anonymous, Heroin Anonymous, Chemical Dependency Anonymous, Gamblers Anonymous, Over Eaters Anonymous meetings. • 2 N. Court. St., 2nd Floor Westminster, MD 21157 • [trcofwestminster.com/](http://trcofwestminster.com/)

**Villa Maria Behavioral Health:** Mental health services for children and adults. • 1129 Business Pkwy S A, Westminster, MD 21157  
410-848-2037 • [catholiccharities-md.org/mental-health](http://catholiccharities-md.org/mental-health)

**Westminster Rescue Mission:** Faith-based, residential recovery program for men. • 658 Lucabaugh Mill Rd. P.O. Box 285, Westminster, MD 21158 • 410-848-2222 • [westminsterrescuemission.org](http://westminsterrescuemission.org)

## Resource Support

**Business/Employment Resource Center (BERC):** Employment specialist to assist in developing job skills. • 224 N. Center St., Westminster, MD 21157 • 410-386-2820 • [carrollworks.com](http://carrollworks.com)

**Caring/Sharing Ministries of NW Carroll County, Inc.:** Meals and emergency rent, electric, clothing, water, oil assistance to Taneytown residents. • St. Joseph Roman Catholic Church, 44 Frederick St., Taneytown, MD 21787 • 410-756-2302 • [nwcccs.org](http://nwcccs.org)

**ESCAPE Ministries, Inc.:** Obtain needed resources and services for teens and adults. • Messiah Lutheran Church Bldg. 5600 Old Washington Rd., Sykesville, MD 21784 • 410-549-7230 • [escapeministries@hotmail.com](mailto:escapeministries@hotmail.com)

**Family and Children's Services of Central Maryland:** Assist families facing separation, domestic violence, and child sexual abuse. • 22 N. Court St., Westminster, MD 21157 • 410-876-1233 • [fcsmd.org](http://fcsmd.org)

**Mount Airy Net:** Emergency assistance for Mt. Airy residents. • 403 S. Main St., Mount Airy, MD 21771 • 301-829-0472  
[mountairynet.org](http://mountairynet.org)

**NESAP Northeast Social Action Program:** Rent, energy, and medical assistance. Food pantry and thrift store on-site. • 1046 S. Carroll St., Hampstead, MD 21074 • 410-239-6216  
[nesapinc.org](http://nesapinc.org)

**PFLAG:** Supports gay, lesbian, bisexual, and transgender persons, their families, and friends. • 410-861-0488 • [pflagwcc.org](http://pflagwcc.org)

**Poison Control:** Treatment, education, and services. • 200 Arch St., Office Level 1, Baltimore, MD 21201 • 1-800-222-1222  
1-800-492-2414 • [mdpoison.com](http://mdpoison.com)

**Salvation Army:** Emergency services and assistance • 300 Hahn Rd., Westminster, MD 21157 • 410-876-9358 • [tsabaltimore.org](http://tsabaltimore.org)

**Shepherd's Staff:** Clothing, food, & emergency assistance. • 30 Carroll St., Westminster, MD 21157 • 410-857-5944  
[shepstaff.org](http://shepstaff.org)

**St. James Thrift Shop:** Open Tues.-Saturday  
St. James Episcopal Church 234 S. Main St., Mount Airy, MD 21771 • 301-829-0314 • [stjamesmtairy.org/thrift](http://stjamesmtairy.org/thrift)

### Transportation

**Carroll Transit System (CTS) operated by Butler:** Transportation for seniors, special populations, students, job retraining, dialysis patients, and independent living programs. Fees based on trip. • 1300 Old Meadow Branch Road, Westminster, MD 21158  
410-363-0622 • [carrolltransitsystem.com](http://carrolltransitsystem.com)

**Medicaid Medical Assistance Transportation:** Medical assistance transportation based on needs/qualifications. • 410-876-4813

**A project of The Partnership for a Healthier Carroll County, Inc.**  
*Connecting people. Inspiring action. Strengthening community.*

Updated April 2017

**Printing funded in part by the Tobacco Free Prevention Program at  
the Carroll County Health Department**

**Live Longer. Live Better... Tobacco Free**

For the printed version of the Carroll Card, contact  
The Partnership for a Healthier Carroll County, Inc.

**Phone: 410-871-7645**

**Email: [ThePartnership@HealthyCarroll.org](mailto:ThePartnership@HealthyCarroll.org)**

