

Healthy Carroll Vital Signs™ are the *measures of health* (health indicators) for our community of Carroll County, MD

INDICATOR (WITH DATA SOURCE)	Most recent available DATA FY 2019 – FY 2021 (with year data collected)							TREND	DESIRED TREND	AT TARGET or better?	TARGET & Target Source
	July 2018 BASE- LINE	Dec. 2018	Jun. 2019	Dec. 2019	Jun. 2020	Dec. 2020	Jun. 2021				a) CB-HIP b) SHIP 2017 c) Healthy People 2020
Each indicator is for the entire population of Carroll County, MD unless otherwise stated.											

Priority: BEHAVIORAL HEALTH

1.	# of BH patients admitted to CH inpatient unit 3+ times / year for behavioral health diagnosis (CH)	18 (2017)	18 (2017)						↓	↓	✓	a) 50
2.	Suicide mortality rate per 100,000 (MD Vital Statistics)	14.3 (2016)	13.1 (2017)						↓	↓	✗	b) 9
3.	Emergency department visits related to mental health conditions - rate per 100,000 (MHCRC)	2949.5 (2015)	4058.0 (2016)						↑	↓	✗	b) 3156.2
4.	Drug-induced mortality rate: deaths caused by prescription or illicit drugs, rate per 100,000 (MVS)	30.2 (2016)	30.2 (2016)						↑	↓	✗	b) 12.6
5.	Emergency department visits for addictions-related conditions (MHCRC)	2315.0 (2015)	1330.2 (2016)						↓	↓	✓	b) 1400.9

Priority: DIABETES

6.	% of adults with diabetes (MD BRFSS)	9.7% (2016)	10.5% (2017)						↑	↓	✗	a) 10.4%
7.	Age-adjusted death rate due to diabetes per 100,000 (MVS)	16.1 (2016)	17.8 (2017)						↑	↓	✗	a) 12.0
8.	Emergency department visit rate due to diabetes (MHCRC)	120.7 (2015)	129.4 (2016)						↑	↓	✓	b) 186.3

Priority: HEART HEALTH

9.	% of adults with high blood pressure (MD BRFSS)	34.0% (2016)	39.7% (2017)						↑	↓	✕	c) 26.9%
10.	% of adults with high cholesterol (MD BRFSS)	32.8% (2015)	39.8% (2017)						↑	↓	✕	c) 13.5%
11.	Age-adjusted death rate due to CVA (stroke) - rate per 100,000 (MVS)	46.3 (2016)	46.2 (2017)						↓	↓	✕	c) 33.8
12.	Age-adjusted death rate due to heart disease - rate per 100,000 (MVS)	176.4 (2016)	174.1 (2017)						↓	↓	✕	b) 166.3
13.	Emergency department visit rate due to hypertension (MHCRC)	157.1 (2015)	175.6 (2016)						↑	↓	✓	b) 234
14.	% of adults who engage in regular physical activity, 150 min. moderate or 75 min. vigorous per week (MD BRFSS)	48.7% (2015)	41.6% (2017)						↓	↑	✕	c) 47.9%

Priority: CANCER

15.	Age-adjusted cancer mortality rate per 100,000 (MVS)	156.2 (2016)	147.5 (2017)						↓	↓	✕	b) 147.4
16.	Melanoma incidence rate per 100,000 (Maryland Cancer Registry)	32.1 (2014)	33.2 (2015)						↑	↓	✕	a) 24.8
17.	% of adults who smoke tobacco (MD BRFSS)	15.0% (2016)	15.2% (2017)						↑	↓	✕	c) 12%
18.	Adolescents who use tobacco products (MD Youth Tobacco Survey)	15.0% (2014)	15.4% (2016)						↑	↓	✕	b) 15.2%

KEY TO ABBREVIATIONS:

CH - Carroll Hospital
 MD BRFSS – Maryland Behavioral Risk Factor Surveillance System
 MVS – Maryland Vital Statistics
 MHCRC - Maryland Health Services Cost Review Commission

Bold outline indicates new data added since the last report.

CVA - Cardiovascular Accident
 CB-HIP - Community Benefit & Health Improvement Plan
 SHIP – Maryland State Health Improvement Plan