

Healthy Carroll Vital Signs™ are the *measures of health* (health indicators) for our community of Carroll County, MD

INDICATOR (WITH DATA SOURCE) Each indicator is for the entire population of Carroll County, MD unless otherwise stated.		Most recent available DATA FY 2019 – FY 2021 (with year data collected)						TREND	DESIRED TREND	AT TARGET or better?	TARGET & Target Source a) CB-HIP b) SHIP 2017 c) Healthy People 2020	
		July 2018 BASE-LINE	Dec. 2018	Jun. 2019	Dec. 2019	Jun. 2020	Dec. 2020					Jun. 2021
Priority: BEHAVIORAL HEALTH												
1.	# of BH patients admitted to CH inpatient unit 3+ times / year for behavioral health diagnosis (CH)	18 (2017)	18 (2017)	15 (2018)	8 (2019)				↓	↓	✓	a) 50
2.	Age-adjusted suicide mortality rate per 100,000 (MVS)	14.3 (2016)	13.1 (2017)	13.1 (2017)	14.1 (2018)				↑	↓	✗	b) 9
3.	Emergency department visits related to mental health conditions, rate per 100,000 (MHCRC)	2949.5 (2015)	4058.0 (2016)	4216.0 (2017)	4216.0 (2017)				↑	↓	✗	b) 3156.2
4.	Age-adjusted drug-induced mortality rate: deaths caused by prescription or illicit drugs, rate per 100,000 (MVS)	30.2 (2016)	30.2 (2016)	30.2 (2016)	36.1 (2017)				↑	↓	✗	b) 12.6
5.	Emergency department visits for addictions-related conditions, rate per 100,000 (MHCRC)	2315.0 (2015)	1330.2 (2016)	1238.1 (2017)	1238.1 (2017)				↓	↓	✓	b) 1400.9
Priority: DIABETES												
6.	% of adults with diabetes (MD BRFSS)	9.7% (2016)	10.5% (2017)	10.5% (2017)	10.5% (2017)				↑	↓	✗	a) 10.4%
7.	Age-adjusted death rate due to diabetes per 100,000 (MVS)	16.1 (2016)	17.8 (2017)	17.8 (2017)	17.5 (2018)				↓	↓	✗	a) 12.0
8.	Emergency department visit rate due to diabetes, rate per 1,000 (MHCRC)	120.7 (2015)	129.4 (2016)	134.9 (2017)	134.9 (2017)				↑	↓	✓	b) 186.3

Priority: HEART HEALTH

9.	% of adults with high blood pressure (MD BRFSS)	34.0% (2016)	37.9% (2017)	37.9% (2017)	37.9% (2017)				↑	↓	✕	c) 26.9%
10.	% of adults with high cholesterol (MD BRFSS)	32.8% (2015)	39.8% (2017)	39.8% (2017)	42.5% (2017)				↑	↓	✕	c) 13.5%
11.	Age-adjusted death rate due to CVA (stroke), rate per 100,000 (MVS)	46.3 (2016)	46.2 (2017)	46.2 (2017)	46.0 (2018)				↓	↓	✕	c) 34.8
12.	Age-adjusted death rate due to heart disease, rate per 100,000 (MVS)	176.4 (2016)	174.1 (2017)	174.1 (2017)	172.9 (2018)				↓	↓	✕	b) 166.3
13.	Emergency department visit rate due to hypertension, rate per 1,000 (MHCRC)	157.1 (2015)	175.6 (2016)	201.4 (2017)	201.4 (2017)				↑	↓	✓	b) 234
14.	% of adults who engage in regular physical activity, 150 min. moderate or 75 min. vigorous per week (MD BRFSS)	48.7% (2015)	41.6% (2017)	41.6% (2017)	41.6% (2017)				↓	↑	✕	c) 47.9%

Priority: CANCER

15.	Age-adjusted cancer mortality rate per 100,000 (MVS)	156.2 (2016)	147.5 (2017)	147.5 (2017)	151.9 (2018)				↑	↓	✕	b) 147.4
16.	Age-adjusted melanoma incidence rate per 100,000 (Maryland Cancer Registry)	32.1 (2014)	33.2 (2015)	33.2 (2015)	41.5 (2019)				↑	↓	✕	a) 24.8
17.	% of adults who smoke tobacco (MD BRFSS)	15.0% (2016)	15.2% (2017)	15.2% (2017)	15.2% (2017)				↑	↓	✕	c) 12%
18.	% of adolescents who use tobacco products (MD Youth Tobacco Survey)	15.0% (2014)	15.4% (2016)	15.4% (2016)	15.4% (2016)				↑	↓	✕	b) 15.2%

KEY TO ABBREVIATIONS:

CH - Carroll Hospital
 MD BRFSS – Maryland Behavioral Risk Factor Surveillance System
 MVS – Maryland Vital Statistics
 MHCRC - Maryland Health Services Cost Review Commission

Bold outline indicates new data added since the last report.

CVA - Cardiovascular Accident
 CB-HIP - Community Benefit & Health Improvement Plan
 SHIP – Maryland State Health Improvement Plan