

COMMUNITY BASED SELF-HELP

AI-Anon Family Groups of MD and DC, Area 24

Baltimore Area AI-Anon Information Service

PO Box 878, Olney, MD 20830

410-832-7094; Meetings: 888-425-2666; 24 Hr Hotline: 410-857-7000

24-hour answering machine for meeting information & messages

webmaster24@marylanddc-alanon.org

marylanddc-alanon.org (for local meeting locations and times)

To provide a worldwide fellowship of relatives and friends of alcoholics who share experiences, strengths, and hopes for solving common problems. This organization is not allied with any denomination, organization, or institution. Call for information about Alateen meeting times and locations. The anonymity of all members is guarded. All meetings are open to anyone desiring help. No dues or fees are charged.

Meeting locations and times below are current as of publication date. Please visit the website or call the contact information above to get further information.

AI-Anon Meetings

Eldersburg Baptist Church

1216 Liberty Road, Eldersburg, MD 21784

410-795-9481

Tuesday: 8 pm

Immanuel Lutheran Church

3184 Church Street, Manchester, MD 21102

410-374-4463

Friday: 8 pm

Lazarus Lutheran Church at Immanuel Lutheran Church

3184 Church Street, Manchester, MD 21102

410-374-4463

Monday: 8 pm

St Paul's United Church of Christ

17 Bond Street, Westminster, MD 21157



410-848-5975

Monday: 7:30 pm

St. Benjamin's Lutheran Church

700 Kriders Cemetery Road, Westminster, MD 21158

410-848-3311

Tuesday: 8 pm

St. John's UMC

1205 N. Main Street, Hampstead, MD 21074

410-239-8088

Sunday: 8 pm

St. Paul's UMC

200 Main Street, New Windsor, MD 21776

410-635-2442

Wednesday: 7:30 pm

Triangle Recovery Club

2 North Court Street, 2nd Floor, Westminster, MD 21157

www.trcofwestminster.com for complete list of meetings and times

Westminster UMC

165 E. Main Street, Westminster, MD 21157

410-876-2124

Wednesday: 12 pm; Saturday: 8 pm

Alcoholics Anonymous

410-663-1922 - 24 Hour Hotline

For local information:

Carroll County Group, District 9

P.O. Box 251, Westminster, MD 21158

D9mdaa.org (for Carroll County meeting locations and times)

For regional information:

West Central Intergroup

(provides services to the AA groups of Frederick, Carroll and Montgomery Counties)

Choosing Life In Christ

Crosswind Church

640 Lucabaugh Mill Road, Westminster, MD 21157

410-790-1228

cliconnected.weebly.com

Tuesday 6:30 pm - 8:30 pm

Choosing Life In Christ or C.L.I.C., is a faith-based, peer-led support group that offers Christ-like principles, compassion, and resources for those striving to overcome mental health disorders in themselves or in their loved ones. C.L.I.C. meets on Tuesdays at 6:30 pm at Crosswind Church. Please contact Stephanie Schaffer at 410-790-1228 if interested. No insurance necessary. Ages served are 18 and older.

Divorce Care

Church of the Open Door

550 Baltimore Boulevard

Westminster, MD 21157-6102

410-876-3838 Fax: 410-876-1808

TTY/TTD: 410-876-3838, Ext. 346

mail@opendoorchurch.org

opendoorchurch.org/ministries/divorcecare

Monday - Friday: 8:00 am - 4:00 pm

Help for adults to heal from the hurt caused by separation and divorce. This Biblically-based program features 33 renowned experts on divorce and recovery, and is conducted by a leadership team who understands what participants are experiencing. Weekly sessions teach how to deal with the circumstances of separation, how God's love can strengthen during this time, and gives participants the opportunity to interact with others who are experiencing the same things. A Bible class for singles is also available from 9:45 am to 10:30 am on Sunday. Open to all.

Divorce Care for Kids

Church of the Open Door

550 Baltimore Boulevard, Westminster, MD 21157-6102

410-876-3838 Fax: 410-876-0808

TTY/TTD: 410-876-3838, Ext. 346

mail@opendoorchurch.org



opendoorchurch.org/ministries/divorcecare-for-kids-dc4k

Monday - Friday: 8:00 am - 4:00 pm

Help for children to heal from the hurt caused by the separation or divorce of their parents. At this weekly group, kids make friends who understand how they feel and the things they are going through because of the divorce of their parents. This Bible-based program helps children learn how God's love can strengthen them and help turn tears to hope and joy. Master clubs are offered from 7:00 pm to 8:15 pm on Wednesday. A summer camp is available during June. Members also meet from 6:30 pm to 8:30 pm at the church. Serves ages 6 to 12.

Grief Share

Church of the Open Door

550 Baltimore Boulevard, Westminster, MD 21157-6102

410-876-3838 Fax: 410-876-1808

mail@opendoorchurch.org

www.opendoorchurch.org/ministries/griefshare

Monday - Friday: 8:00 am - 4:00 pm

Help for adults who are grieving the death of someone close to them. This Biblically-based program offers valuable information about recovering from grief and renewing hope for the future. Members meet with people who understand what they are feeling, and learn how Jesus Christ can help in their journey from mourning to joy. The 13-week program meets from 6:30 pm to 8:30 pm on Tuesdays.

The Federated Charities Bldg.

22 S. Market Street, Suite 7, Frederick, MD 21701-5432

301-662-0544

pubinfo@westcentralaa.org

westcentralaa.org

24-hour answering service

To assist alcoholics through group meetings with other alcoholics. AA does not:

1. Solicit members
2. Keep membership records or case histories
3. Engage in or sponsor research
4. Join "councils" or social agencies, although AA members, groups and service officers frequently cooperate with them
5. Follow-up on or try to control its members
6. Make medical or psychological diagnosis or prognosis
7. Provide "drying-out" or nursing services
8. Offer religious services
9. Engage in education or

propaganda about alcohol 10. Provide domestic or vocational counseling 11. Provide housing, food, or clothing 12. Accept any money for its services or any contributions from non-AA sources. Open to anyone. No fees are charged.

MCF Maryland Coalition of Families for Children’s Mental Health

10632 Little Patuxent Pkwy., Suite 234, Columbia, MD 21044-6255
410-730-8267 Fax: 410-730-8331

info@mdcoalition.org

mdcoalition.org

Monday - Friday: 9:00 am - 5:00 pm

To build a network of information and support for families across Maryland, and improve services for children with mental health needs and their families. Provides the following services: 1. One-to-one information, support and advocacy to families caring for a child with mental health needs; 2. Monthly electronic newsletter; 3. Support groups; and 4. Various conferences and training sessions are offered throughout the year. Central office listed above, with regional offices located throughout the state. Open to any caregiver of a child with behavioral health needs. No fees are charged. Serves children with mental health issues from birth to age 18, or up to their 22nd birthday, if in special education.

NAMI of Carroll County

National Alliance on the Mental Illness of Maryland (NAMI)

PO Box 1928, Westminster, MD 21158-5928

410-857-3650

info@namiccmd.org

namiccmd.org

Provides support groups for adults with mental illnesses and families who have had their lives touched by mental illness. Also provides psycho-educational classes called “Family to Family” that are offered in spring and fall. All services are for adults and are free.

Nar-Anon Family Groups

800-477-6291

nar-anon.org

9:00 am to 5:00 pm PST

Provides a support group for the family and friends of drug abusers; to learn that



the drug user's illness affects the lives of everyone close to them, and that Nar-Anon is for the parent, spouse, child, sibling, friend, or employer. For information about support group meetings in the Carroll County area, call the hotline number or check the website. Attendance is welcome without prior arrangement. There are no charges or other obligations.

Narcotics Anonymous, Free State Regional Service Center

217 N. Warwick Avenue

Baltimore, MD 21223-1416

410-566-4022; Fax: 410-362-8505; Hotline: 800-317-3222

barsc@verizon.net

freestatena.org (for local meeting locations and times)

To provide a twelve-step recovery program for addicts. Call for information on meeting locations. Open to all with a sincere desire to stop using narcotics. No fees are charged. Serves all ages.

Narcotics Anonymous Meetings

Meeting locations and times below are current as of publication date. Please email or call the contact information above to get further information.

Ascension Episcopal Church

23 N. Court St., Westminster, MD 21157 (CAN, TOP), 410-848-3251

Crossroads Community Church

895 Leidy Rd., Westminster, MD 21157 (JFT, DISC, BEG), 443-487-4002

Grace Lutheran Church

21 Carroll St., Westminster, MD 21157, 410- 848-7020

Mt. Zion UMC

3006 Baltimore Blvd, Finksburg, MD 21048 (NS, DISC, SPK, STEP, TRAD), 410- 517-2300

On Our Own

265 E. Main St., Westminster, MD 21157 (NS,TOP), 410- 751-6600

St. Johns UMC

1205 N. Main St., Hampstead, MD 21074 (SPK), 410- 239-8088

St. Marks Evangelical Lutheran Church
1616 Cape Horn Rd 21074, 410- 374-9428

Triangle Recovery Club
2 North Court Street, Westminster, MD 21157
trcofwestminster.com for complete list

Wesley Freedom UMC
961 Johnsville Rd., Eldersburg, MD 21784, 410- 795-2777

Legend: BT - Basic Text, BEG - Beginner, CAN - Candlelight, DISC - Discussion, VAR - Format Varies, JFT - Just for today, LIT - Literature Study, NS - Non Smoking, SPK - Speaker, STEP - Step, TOP - Topic, TRAD - Tradition

New Life for Girls

806 Littlestown Pike, Westminster, MD 21158
410-848-1360 Fax: 410-848-1361
southeastNLF@Gmail.com
southeastnewlifeforgirls.com/

Office Hours - Tuesday – Friday: 10:00 am - 4:00 pm

To rehabilitate women with drug and/or alcohol abuse problems through Christian teachings. Christian classes and counseling are part of the rehabilitation in this residential program. This organization is commonly referred to as Southeast New Life for Girls because of its location. No insurance accepted. Open to females between the ages of 18 and 45 years old.

Rape Crisis Intervention Service of Carroll County

224 N. Center Street, Room 102, Westminster, MD 21157-5134
410-857-0900 Fax: 410-876-9147
info@rapecrisiscc.org
rapecrisiscc.org

Monday - Thursday: 9:00 - 5:00, Friday: 9:00 - 4:00
24-hour hotline: 410-857-7322

Provides counseling and support services to people in the community hurt by sexual



violence, and to eliminate sexual violence in Carroll County through education and advocacy. Client services include: 24-hour hotline; walk-in crisis counseling; group therapy; individual therapy; accompaniment to meet with police, go to the hospital, and/or appear in court, and advocacy. Services are available to both female and male victims as well as family members. Community services include: educational programs for schools, colleges, employers, community groups and professional organizations. Workshop topics include: dating violence, domestic violence, sexual harassment, child sexual abuse prevention, and rape risk reduction programs. We provide all training for 24-hour hotline volunteers, a responsibility that may include telephone crisis counseling, police accompaniment, or a visit to the emergency room. Services are free and confidential. Donations are suggested for therapy services. Serves adults and youth ages 12 and older.

Reformers Unanimous/Victory Fellowship Church of the Open Door

550 Baltimore Boulevard, Westminster, MD 21157-6102

410-876-3838 Fax: 410-876-1808

mail@opendoorchurch.org

opendoorchurch.org

Provides a support group for individuals dealing with addiction. Meetings are from 7 to 9 pm on Friday in the Baker Auditorium (in the church building across from the Main Auditorium) on the campus of the Church of the Open Door. This program is court-approved. Meetings are free of charge. A minimal fee is charged for workbooks and program guides. Serves adults 18 and older.

Spirit of Freedom Ministries

Christian Revival Center

3553 E. Lawndale Road, Reisterstown, MD 21136-4036

410-239-4660

sof@crcmd.org

crcmd.org

Monday - Friday: 10:00 am - 2:00 pm; Voicemail after 2:00 pm

Provides support and educational program for all ages. The program is designed for those with alcohol or chemical substance problems, as well as anyone who is interested in knowing more about drugs and alcohol and the corresponding

consequences. Spirit of Freedom is a Maryland State approved program and is a free service to anyone who would like to participate.

Triangle Recovery Club

2 North Court Street, Westminster, MD 21157

trcofwestminster.com

Provides assistance to Carroll County's alcohol and drug recovery community. The basis for the assistance is to furnish a clean and safe environment in which to conduct all 12-step meetings. Visit www.trcofwestminster.com for meeting times. Triangle Recovery Club is open to any 12-step meetings which may include:

- AA Alcoholics Anonymous
- Al-anon (Family groups for families/friends)
- Ala-teen (Family groups for families/friends)
- HA- Heroin Anonymous
- CDA- Chemical Dependency Anonymous
- GA- Gamblers Anonymous
- OA- Over Eaters Anonymous
- NA- Narcotics Anonymous
- Nar-Anon (Family groups for families/friends)
- and more as they come

Weber Sober Homes

P. O. Box 106, Woodbine, MD 21797

Contact, Kathy Weber: 410-552-5558

Webersoberhomes@comcast.net

Monday – Friday: 9:00 am – 5:00 pm

Provides interventions, one-on-one counseling, addiction support groups, and Alcoholics Anonymous meetings. Offers 12 step outpatient recovery model and men's recovery houses. There are two recovery houses available. All residents must pay their own way, participate in overseeing the house, and remain clean and sober. Fee for service. Serves men 18 and older.



Westminster Rescue Mission and Thrift Store

658 Lucabaugh Road, PO Box 285, Westminster, MD 21158

410-848-2222

info@westminsterrescuemission.org

westminsterrescuemission.org

Addiction Treatment Services at 3.1 Level of Care; CARF accredited; Evidence-based Practices Long term (Up to 9 months), highly structured residential program Faith-based nurturing environment on 30 acre (nicotine free) campus Work Therapy Component; 12 step meetings; weekly/random UA testing; Clinical services include MH and Addiction counseling (individual and group) and Primary Care. Men, ages 18 and over.