



FOOD AND HOT MEALS

GROCERIES

Carroll County Food Sunday

Citizen Services Building

10 Distillery Drive (Ground Floor), Westminster, MD 21157-5021

410-857-7926 Fax: 410-857-0418

ccfs@qis.net

ccfoodsunday.org

Collects non-perishable food and money to buy food, and make it available to people who are hungry. Donations are accepted at any time, but food and money are formally solicited on a quarterly basis. Food Sunday distributes from the following county sites:

Westminster, from 10:00 am to 11:15 am and 1:00 pm to 2:15 pm, Tuesday through Thursday, and 9:00 am to 11:15 am, Saturday at 10 Distillery Drive (ground floor).

Taneytown, from 9:30 am to 11:15 am, Thursday at St. Joseph's Catholic Church, 44 Frederick Street. Eldersburg, from 10:00 am to 12:00 pm, Wednesday at St. Joseph's Catholic Church, Freedom Avenue and Liberty Roads. The food is free and served to anyone in need.

Deeds of Faith Food Pantry

Crosswind Church

640 Lucabaugh Mill Road, Westminster, MD 21157-3814

410-848-5537 Fax: 410-876-0162

mycrosswind.com/deeds-of-faith-food-pantry

Monday - Friday: 8:30 am - 4:30 pm (Church office)

Pantry Hours- Mon: 4:00 pm to 7:00 pm;

Friday: 10:00 am - 12:00 pm, 2:30 pm - 4:30 pm

Meals on Wheels of Central Maryland, Inc., Carroll County Branch

255 Clifton Boulevard, Suite 312, Westminster, MD 21157-4787

410-857-4447 Fax: 410-875-5477

carroll@mowcm.org

mealsonwheelsmd.org

This volunteer-based nonprofit agency provides meals to homebound persons of any age or economic status who are unable to shop or prepare meals for themselves. Fees are based on a sliding scale. Food Assistance Benefits, available although the Independence Card, are accepted as payment.

Silver Run Community Food Pantry

3978 Littlestown Pike, Westminster, MD 21158-1541
410-346-7146

1st and 3rd Wednesday, 5:30 pm-6:30 pm

To collect non-perishable food items and distribute them to those who are hungry. Items are distributed from the St. Mary's Evangelical Lutheran Church parish house. Please use the Mayberry Road entrance.

South Carroll Food Pantry

4th Saturday 8:30 am – 1:00 pm
961 Johnsville Road, Sykesville, MD 21784-4903
410-795-2777 Fax: 410-549-8700
wfumc@wesleyfreedom.org

To work with the Maryland Food Bank to provide free groceries to Carroll County residents in need. Food is distributed at Wesley Freedom United Methodist Church from 9 am to noon the fourth Saturday of each month. No charge for the groceries. Photo identification is required.

Thanksgiving Day Community Dinner Shepherd's Staff

30 Carroll Street, PO Box 127, Westminster, MD 21157
410-857-5944
shepstaff@comcast.net
shepstaff.org

To provide a holiday meal for anyone who wishes to enjoy a feast and fellowship on Thanksgiving Day. A free meal is served from noon to 2:00 pm on Thanksgiving Day at St. John Roman Catholic Church. Delivery to shut-ins is available upon request.



Women, Infant, and Children Program (WIC)

Carroll County Health Department

290 S. Center Street, Westminster, MD 21157-5219

410-876-4898 Fax: 410-876-4459

Monday - Friday: 8:30 am - 4:30 pm

cchd.maryland.gov

To help Carroll County low-income families grow up healthy and stay healthy by providing nutritious food to pregnant, breast-feeding, or postpartum women, and their infants and children up to age five. Applicants are screened for medical and/or nutritional needs; they are weighed, measured, and screened for iron deficiency. Must also meet income and residency requirements. Applicants receive nutrition counseling and referrals to medical and social services as necessary. Breast-feeding promotion and support provided where appropriate. Eligible applicants receive checks to purchase specific healthy foods. No fees are charged. Services are provided by appointment only.

MEALS

MONDAY

11:30 am - Feed My Sheep

Wesley Freedom United Methodist Church

961 Johnsville Road, Sykesville, MD 21784

410-795-2777 Fax: 410-549-8700

wfumc@wesleyfreedom.org

12:00 pm - Loaves and Fishes

Westminster United Methodist Church

165 E. Main Street, Westminster, MD

410-848-8325 / Fax: 410-876-9990

info@wumcmd.org / wumcmd.org

TUESDAY

12:00 pm - Table of Grace Soup Kitchen

Grace Lutheran Church

21 Carroll Street, Westminster 21157

410-848-7020

WEDNESDAY

12:00 pm - Loaves and Fishes / St. John Catholic Church

Ascension Episcopal Church

23 N. Court Street, Westminster, MD 21157

410-848-3251

THURSDAY

11:30 am - Carpenter's Table

St. Joseph Roman Catholic Church

44 Frederick Street, Taneytown, MD 21787

410-857-5733

11:30 am - Feed My Sheep

Wesley Freedom United Methodist Church

961 Johnsville Road, Sykesville, MD 21784



410-795-2777 Fax: 410-549-8700
wfumc@wesleyfreedom.org

12:00 pm - A Meal and More

St. Paul's United Church of Christ

17 Bond Street, Westminster, MD 21167

410-848-5975

office@stpauls-ucc.org

stpauls-ucc.org

6:00 pm - Ardent Folk

Grace Lutheran Church

21 Carroll Street, Westminster 21157

410-848-7020

FRIDAY

11:30 am - Feed My Sheep

Wesley Freedom United Methodist Church

961 Johnsville Road, Sykesville, MD 21784

410-795-2777 Fax: 410-549-8700

wfumc@wesleyfreedom.org

12:00 pm - Shepherd's Table

Westminster United Methodist Church

961 Johnsville Road, Sykesville, MD 21784

410-795-2777 Fax: 410-549-8700

wfumc@wesleyfreedom.org

Shepherd's Table

410-857-5944, *shepstaff.org*, *shepstaff@comcast.net*

SATURDAY

12:00 pm - Loaves and Fishes

Westminster Church of the Brethren

1 Park Place, Westminster, MD 21157

410-848-8090 Fax: 410-848-0735

office@westminsterbrethren.org

westminsterbrethren.org