

MENTAL HEALTH

Advanced Behavior Health

Vera Kurdian LCSW-C, Regional Director

1003 W 7th Street #500, Frederick, MD 21702

301-345-1022 Fax: 301-560-5558

sthiady@abhmaryland.com

abhmaryland.com

Serving Carroll, Frederick, Montgomery, Baltimore and Greenbelt. Providing in-home and community based therapy. Psychiatric care and medication management. Specializing in AXIS I disorders. Additionally, minimizing at-risk behaviors for youth and children. Accepts Medical Assistance only.

Baker, Nora — LCSW-C

518 E. Baltimore Street, Suite 4, Taneytown, MD 21787-2402

443-875-8440 Fax: 717-642-6040

Hours available by appointment

Provides individual, family and couples counseling. Accepts most insurance.

Variable fees apply. Serves ages 9 to adult.

Boris, Thomas Edward — Ph.D., Psychologist

215 Washington Heights, Westminster, MD 21157-5632

410-848-0244

Monday - Wednesday; by appointment

Specializes in anxiety and panic disorders. As a nationally board certified hypnotherapist, provides hypnosis for pain control, smoking cessation, and weight control. Contact provider for additional specialty areas. Certain insurance plans accepted; please check for availability. Some fees negotiable. Serves all ages.

Carroll Counseling Center

1380 Progress Way, Suite 101, Eldersburg, MD 21784-6498

410-549-5181 Fax: 410-549-5182

1131 S. Main Street, Suite 202, Mount Airy, MD 21771-5457

301-829-2242 Fax: 301-829-2290

office@carrollcounseling.com



carrollcounseling.com

Monday - Friday: 9 am - 1 pm and 2 pm – 5 pm

Before and after hour appointment may be available upon request

Provides psychological evaluation, psychotherapy, psychological, neurological and educational testing, court-ordered evaluations, hypnotherapy, and medication management for children, adolescents, and adults. Attention and Learning Disorders Clinic. Sliding scale fees available based on ability to pay. Various insurance accepted. Serves ages three to seniors.

Carroll County Youth Service Bureau, Inc.

59 Kate Wagner Road, Westminster, MD 21157-6957

410-848-2500 Fax: 410-876-3016

ccysb.org

Monday – Thursday: 8:30 am - 8:00 pm; Friday: 8:30 am - 4:00 pm;
Saturday: by appointment only

Provides outpatient mental health and substance use treatment, as well as continuum of specialty programs for children and adolescents, adults, and families. For a detailed description of these services, please call or refer to the website, *ccysb.org*. Services include assessments and individual, family and group therapies that address mental health, substance use and co-occurring issues for all ages; Psychiatric services; Family Preservation Services for children/Families; Evidence Based Therapies to include Brief Strategic Family Therapy, Dialectical Behavior Therapy, Parent Child Interactive Therapy (ages 2 - 7), and Assertive Community Treatment (18 Yrs +); Parent Seminars/ Workshops; assessments for Carroll County Public School Students; connecting Youth Programs (youth ages 16-24), and training site for graduate social work and counseling students. Serving individuals and families across a lifespan. Accepts Medicaid, Medicare, and most major insurances.

Carroll Mental Health Care

Carrolltowne Healthcare Center

1643 Liberty Rd Suite 204, Eldersburg, MD 21784

410-552- 9004

carrollmhc.com

Tuesday and Thursday: 9:00 am – 1:00 pm & 2:00 pm – 6:00 pm;

Saturday: 9:00 am – 2:00 pm

Closed Monday, Wednesday and Friday

Provides psychiatric services to children, adolescents and adults. Offers suboxone treatment program. Accepts many insurance plans. Serves age 5 and older. New patients are recommended to call the center.

Catoctin Counseling

63 E. Main Street, Suite 100, Westminster, MD 21157-5036
410-848-9091
catoctincounseling.com

Provides counseling in substance abuse, domestic violence, anger management, mental health, families, and couples. Program length varies according to individual needs. Makes every effort to work with insurance companies. Offers a sliding fee scale for services in substance abuse, anger management, and substance abuse groups.

Cedar Ridge Counseling Centers, LLC

1311 Londontowne Blvd., Suite 130A, Eldersburg, MD 21784-6556
2 Locust Lane, Suite 203, Westminster, MD 21157-5075
410-552-0773 Fax: 443.200.0267
cedarridgecounseling.com

Monday – Friday: 7:00 am – 10:00 pm;
Saturday – Sunday: 9:00 am – 5:00 pm

Mental health services include individual, couple, and family therapies. Provides substance abuse assessment and counseling, school consultations, employee assistance, and parent education. Psychological testing is available. Counseling for dual-diagnosed addictions clients is also available. Fees vary with individual insurance coverage. Accepts various insurances and private pay. Serves all ages.

Center for Eating Disorders, Sheppard Pratt

Physicians Pavilion North
6535 N. Charles Street, Suite 300, Baltimore, MD 21204
410-938-5252 Fax: 410-938-5250
EatingdisorderInfo@sheppardpratt.org
eatingdisorder.org

Monday – Friday: 9:00 am – 5:00 p.m for Outpatient; Others by



Appointment

Offers comprehensive, individualized care for children, adolescents and adults with eating disorders including anorexia nervosa, bulimia nervosa, binge eating disorder and compulsive overeating. Accepts most insurance, Medical Assistance, Medicare, Tri-Care. Serves ages 8 and older.

CentrePointe Counseling, Inc.

354 Crest Lane, Westminster, MD 21157
(other locations in MD listed on website)
800-491-5369 x120 Fax: 301-774-3678
centrepointecounseling.org

Hours by appointment

Provides a Christian-based counseling for couples, family and individuals. Other services include anger management, eating disorders, grief, loss, addictions, and relationship counseling. No psychiatrist. Accepts Medicare, Medical Assistance and other commercial insurance and varies by location. A sliding fee scale scholarship is available. Serves ages 3 and up.

Cheetham, August LCSW-C

250 Englar Road, Suite 2, Westminster, MD 21157
443-974-8835
augustcheetham@gmail.com

Tuesday & Thursday Evenings

Provides therapy for individuals and families with a focus on anxiety, depression, self-injury, grief and loss, trauma, and stress management. Serves ages 11 years to adult. Out-of-Network provider only.

Congruent Counseling Services

6220 Georgetown Blvd. Suite C, Eldersburg, MD 21784
410-740-8066 Fax: 410-740-8068
congruentcs@gmail.com
congruentcounseling.com

Monday - Thursday: 9:30 am – 7:00 pm; Friday: 9:00 am – 5:00 pm

Offers individual, family, couples and marital counseling for various mental health

and substance abuse concerns along with substance abuse outpatient services. Offers Psychiatric services not covered under insurance and offers Dialectical Behavior Therapy. Accepts most insurance. Serves children, teens, and adults.

The Counseling Center for Change

Dawn O’Meally, LCSW-C & Associates

1812 Baltimore Blvd., Suite B, Westminster, MD 21157

443-590-0030

tcc4change.com

Monday – Friday: 7:00 am – 8:00 pm; Some Saturdays

Provides counseling for individuals, couples, families, and groups. Counseling areas include nutrition, self-esteem, bariatric surgery, parenting and advocacy for individual educational plan with the school system. Insurance varies by therapist. Accepts Medical Assistance, Medicare and most insurances. Serves ages 12 to adults.

The Counseling Renaissance

7533 Main St., Suite 1F, Sykesville, MD 21784

410-970-6964 Fax: 410-549-6817

gmrassa@verizon.net

counselingrenaissance.com

Hours by appointment

Offers weekly or biweekly sessions to work on personal goals, improve functioning in the community, and in one’s family and/or relationships. Issues include depression and anxiety, marriage, life changes, organization and memory strategies, and caregiver support. DWI/DUI education and treatment group meets Thursday at 6:30 pm For individual or family therapy accept various insurance or negotiates per session rate. Service ages 6 to 70.

Family and Children’s Services

22 North Court Street, Westminster, Maryland 21157

Court Street Location: 410-876-1233

24-hour Domestic Violence Hotline: 443-865-8031

fcsmd.org

Monday: 9:00 am – 6:00 pm; Tuesday: 9:00 am – 8:00 pm;



Wednesday: 9:00 am – 7:00 pm; Thursday: 9:00 am – 8:00 pm;

Friday: 9:00 am – 4:00 pm

West End Place Adult Day Care: 7 School House Ave., Westminster, MD 21157

West End Place Phone Number: 410-848-2433

West End Place Hours: Monday – Friday: 7:00 am – 4:00 pm

Family and Children's Services located at 22 North Court Street in Westminster, Maryland operates case management, behavioral health and medication management programs. The case management services include the comprehensive domestic violence services for victims and dependents of intimate partner violence. Case management also assists with family violence, victims impacted by elder abuse, sexual abuse, sexual assault, human trafficking, and gang related violence. Services for the case management program includes crisis intervention, safety planning, court advocacy, home visits with law enforcement, support groups and individual support. Case managers are able to meet in the community if it is safe and meet the needs of the client. There is also a 24 hour hotline for domestic violence support. FCS also runs a Domestic Violence Safe House which is in an undisclosed location in the county. The behavioral health and medication management programs see clients who have experienced trauma, recent or historic, and also work with those who identify with general mental health needs. All ages served. Medical Assistance accepted. Please call and speak to the Office Administrator for accepted insurances at 410-876-1233. West End Place Adult Day Care is a day program that provides respite and care for loved ones impacted by dementia, traumatic brain injury, and other physical disabilities that may not allow an older adult to be home alone. The day care is open Monday through Friday, provides transportation, breakfast and lunch to the attendees as well as a variety of activities and day trips.

Finksburg Counseling Services

1812 Baltimore Boulevard, Suite A, Westminster, MD 21157-7144
410-751-6176 Fax: 410-857-4176

Monday - Thursday: 9:00 am – 9:00 pm; Friday: 9:00 am – 5:00 pm

Mental health services include individual, couples, family, and group therapies as well as medication management therapy for adolescents, adults and seniors. Staff is comprised of psychiatrists, licensed clinical professional counselors, and licensed clinical social workers. The office is convenient to Carroll, Frederick, and Baltimore

counties as well as southern Pennsylvania. Private insurance, Medicare, and self-pay are accepted. Serves ages 6 to adult.

Foster, Jodie — LCPC

15 E. Main Street Suite 302, Westminster, MD 21157-5025

443-536-7340 Fax: 410-751-6335

jodiefosterlcpc@gmail.com

jodiefosterlcpc.com

Monday - Friday, some evening hours available

Specializing in child and family therapy. Provides counseling services to individuals and/or families with a wide range of concerns. Issues include depression, anxiety, ADHD, parenting concerns, oppositional behaviors, bereavement, child abuse, trauma, bipolar disorder, and developmental disorders. In-network for Maryland Medicaid and out-of-network for all other insurances. Clients are provided with the necessary paperwork to submit claims on their own to their insurance company. Serves all ages.

Healthcare Living for Families

1643 Liberty Road, Suite 206, Eldersburg, MD 21784

410-701-7384

hclff.com

Hours: 10am - 6pm

We provide suboxone treatments, substance use disorder treatment, drug and alcohol counseling, psychiatry and medication management, outpatient mental health therapy, psychiatric rehabilitation program (PRP), and mobile treatment services (MT). Medical Assistance is accepted. Serving ages 5 and up.

Hollander Counseling Associates, LLC - Relationships Work

280 E. Main Street Suite 103, Westminster, MD 21157

410-363-2825 Fax: 410-363-1612

info@relationshipswork.com

relationshipswork.com

Hours by appointment

Provides relationship coaching for individuals, couples, family and group therapy. Services include anxiety, depression, divorce, family counseling, marriage counseling, mediation, mental health - outpatient, parenting, personal counseling,



stress. Accepts most insurances, but not Medical Assistance. Serves adults.

Hope Health Systems

6210 Georgetown Boulevard, Suite A & B, Eldersburg, MD 21784
(other locations in Baltimore County and Baltimore City)

410-216-5500

Hopehealthsystems.com

Monday – Thursday: 9:00 am – 8:00 pm, Fridays: 9:00 am – 4:30 pm

OMHC: Currently offering individual and family therapy for children, adolescents and adults. This includes psychiatric services and medication management as deemed appropriate. Our services at the OMHC level are designed to promote mental health and improve functioning in our clients.

Psychiatric Rehabilitation Program (PRP) for children and Adults to support the therapeutic process by building skills in areas including but not limited to: anger management, social skills, self-care skills, independent living skills, time management, coping skills, leisure skills, adult living skills and parenting strategies

Mobile Treatment Services (MTS) are designed specifically for adults and children with major mental health illness who are unable to participate in OMHC settings. A team of nurses, therapists, a case manager, and psychiatrists provide medication management, supportive individual and group psychotherapy, and case management services.

Inner Journey Counseling Center, Rubin, Gregory – LCPC

5420 Klee's Mill Road Suite 6, Sykesville, MD 21784-9230

410-615-6846 Cell: 410-615-6846 Office: 410-552-5290

innerjourneycc.com

gregoryrubin@comcast.net

Monday – Saturday, by appointment

Provides treatment in the following areas: depression, substance abuse, anxiety, grief, bereavement, loss, life transition and review, problems at school or work and spiritual conflicts. Fees vary and billable thru insurance. Accepts Medical Assistance, and some sliding scale schedule. Does not accept Medicare. Serves ages 6 and up.

Inspirit Counseling Services of Maryland At Westminster United Methodist Church

165 E. Main Street, Westminster, MD 21157
800-427-4027 410-433-8861 Fax: 410-443-1249
info@inspiritmaryland.org

Provides counseling and psychotherapy services to individuals, couples and families as well as specialized services in addictions counseling, marriage preparation, and other educational programs. Accepts most insurance and Medicare is dependent on the counselor. Offers limited sliding scale fees based on income. Handicap Accessible. Serves ages 18 and older at Westminster location.

Integrative Counseling

6220 Georgetown Blvd. Suite C, Eldersburg, MD 21784
410-740-8067 Fax: 410-740-8068
frontdesk@ccs-ic.com
integrative-counseling.com

Hours by appointment

A partner of Congruent Counseling, provides tailored educational and psychological testing. Educational and treatment services meet several state requirements for court ordered treatment. State of Maryland certified in outpatient treatment and DWI/DUI education. Offers alcohol and marijuana education sessions. Other services include anger management, mens' parenting classes, interpersonal violence program, substance abuse or addiction education and treatment, individual, couples or family counseling, and psychiatric medication management. Visit website for insurance information. Serves children, teens and adults.

Klein, Gary Medical Psychiatrist

280 East Main Street, Suite 101, Westminster, MD 21157
410-876-8646

Monday - Friday: 9:00 am – 7:00 pm

Dynamically oriented psychotherapy. Offers play therapy, medication management, attention deficit hyperactivity disorder and evaluations. Accepts EHP Hopkins Insurance and private pay. No Medical Assistance or Medicare. Limited sliding fee scale. Serves infants through adults.

**Laura Lane Therapy, LLC**

90 Aileron CT, Unit 6A, Westminster, MD 21157

443-789-4258

llanetherapy.com

Monday: 10:00 am – 8:00 pm; Tuesday: OFF; Wednesday: 10:00 am – 8:00 pm; Thursday: 1:00 pm – 5:00 pm; Friday: 10:00 am – 8:00 pm; Saturday: 9:00 am – 3:00 pm;

I work with clients ages 3 - 100 who experience anxiety, depression, PTSD, and a variety of other issues. I also do couples and family counseling. Accepts Medical Assistance. Other insurance accepted: Blue Cross, Aetna, Cigna, and United Health Care.

Life Renewal Services, Inc.

247 E. Main Street, Westminster, MD 21157

443-289-8149 Fax: 443-821-3280

Offers psychiatric rehabilitation program to develop communication, social, independent living skills, coping skills, therapeutic and recreational activities. Provides psychiatric services on an outpatient basis, if medicine management is needed. Assists with behavioral and motivational problems, low self-esteem, anger issues and challenges with authority. Accepts Medical Assistance. Serves ages 4 thru 64.

Main Street Mobile Treatment & Community Mental Health Center

37 Main Street, Reisterstown, MD 21136

410-526-7882 Fax 410-526-9855

*Mscmh2004@netscape.net**mainstreetmentalhealthinc.org*

Monday, Tuesday, and Thursday: 9:00 am – 6:00 pm;
Wednesday: 9:00 am – 8:00 pm;
Friday: 9:00 am – 4:00 pm

Offers child and adult psychiatric services. Mental health counseling - comprehensive psychosocial evaluations; individual, family, and group therapies; crisis services, and referrals to other community based services as needed. Provides special services for children; client advocacy; medication management, health promotion and training; case management; mobile treatment for the homebound. Accepts most insurance including Medicaid. Handicap accessible. Serves ages 6 and older.

Mosaic Community Services, Inc.

288 E. Green Street, Westminster, MD 21157-5410

410-751-5970 Fax: 410-751-5374

mosaicinc.org and sheppardpratt.org

Monday, Tuesday, & Friday: 8:00 am - 5:00 pm; Wednesday 8:00 am - 6:00 pm; Thursday 8:00 am - 7:00 pm

Serves to enhance the quality of life for people with mental illness. Mosaic is an affiliate of Sheppard Pratt Health Systems. Clinical staff includes psychiatrists, psychologists, clinical social workers, nurses, and licensed counselors. Rehabilitation and housing staff members work in teams led by experienced psychiatric practitioners or a mental health professional. Services include vocational rehabilitation program. All programs are licensed by the State of Maryland. Accepts most insurance and Medical Assistance. Serves individuals ages 18 and older.

New Path Counseling Center, LLC

Carroll Plaza Shopping Center

250 Englar Road, Suite 3, Westminster, MD 21157-2929

410-615-3469 Fax: 800-251-0179

admin@newpathcounselingcenter.com

newpathcounselingcenter.com

Monday, Wednesday and Friday 9:00 am - 9:00 pm; Tuesday 9:00 am - 5:00 pm; Saturday 9:00 am - 5:00 pm

Offers individual, family, and couples therapy. Assessment and counseling for DUI issues/charges available. Works with substance abuse/addiction, depression, anxiety, stress, trauma, grief, divorce, work place issues, dual diagnosis, and relationship/marriage difficulties. Accepts most major insurance. Does not accept Medical Assistance. Serves ages 14 to 65.

New Perspectives

Hunter Professional Center

904A Washington Road, Westminster, MD 21157-5827

410-751-9205 Fax 410-751-6191

nperspectives.com

Day and evening appointments available



Offers treatment for depression, anxiety, relationship problems, stress, behavioral problems, and attention deficit disorders. Provides child custody mediation for clients referred by the Carroll County court system. Contact provider for more specific information. Offers individual, marital, and family counseling for children, adolescents and adults. Accepts most insurances. Serves ages 5 and older.

North Carroll Abuser Intervention Recovery & Wellness Program

North Carroll Counseling Center

1011 S. Main Street, Hampstead, MD 21074-2230

443-293-2665 Fax: 410-552-9881

Offers a comprehensive curriculum designed to promote and preserve safety from abuse for spouses and children that are put at risk by batterers. This 26-week program follows the operational guidelines of the Maryland Governor's Council on Family Violence, compelling offenders to be accountable for their actions while understanding the damaging effects of power and control on their partners, families, communities, and themselves. Clients meet in a group setting for educational sessions about abuse while working on any psychological issues. Topics include personal accountability, defining abuse, denial, blame, empathy for victims and bystanders, anger management, self-control, and understanding available resources in the community. Open to males who have been abusive to an intimate partner. Clients may volunteer or be court ordered to attend.

Patterson, Rosemary — Ph.D., Psychologist

7349 Springfield Avenue, Sykesville, MD 21784-7548

410-549-1040 Fax: 410-549-1040

Monday -Thursday: By appointment

Offers family and couples counseling and individual therapy/counseling to children, adolescents, and adults. Accepts most major health insurance and Medicaid. An adjustable fee schedule is available for those not covered by insurance or a participating provider. Medicare, Medicaid and most major insurance plans accepted. Fee for service also available for patients who prefer not to utilize their insurance. Serves age 5 and up.

Potomac Case Management Services (PCMS)

255 Clifton Blvd., Suite 309, Westminster, MD 21157

443-244-4113 800-975-2086 Fax: 443-293-7086,

info@pcmsinc.org

pcmsinc.org

Monday – Friday: 8:00 am – 4:30 pm

PCMS is a case management/care coordination agency that serves children, youth and adults dealing with mental health challenges. We provide assistance with connecting clients to housing, employment and educational resources, transportation to appointments, and advocacy for clients' needs. We accept Maryland Medicaid and private pay arrangements are available.

Pro Bono Counseling Project

110 West Road, Suite 202, Baltimore, MD 21204-2375

301-805-8191 Fax: 410-825-1388

probonocounseling.org

Monday – Friday: 9:00 am – 5:00 pm

Connects low-income families and individuals with licensed mental health professionals who provide care at no cost in Carroll County and throughout the state of Maryland.

This non-profit, public service project serves clients with a wide variety of mental health needs including family and couples issues, anxiety, self-esteem, social interaction, cancer survivors, adjustment to terminal illness, grief, separation and divorce, caregivers, physical and sexual abuse. Available programs include the Jean Steirn Cancer Program, Caring for the Caregivers, Private Counseling for Public Service (for military service members and their loved ones), Parenting Alone, Helping to Build Healthy Families, Transition and Depression, Elderly and Underserved, and Victims of Violence. Serves all ages.

Progressive Counseling and Treatment Service, Inc.

266 E. Main Street, Westminster, MD 21157-5528

410-848-7848 Fax: 410-857-5172

pcounseling@yahoo.com

Monday -Saturday: By appointment

Offers solution-focused therapy by providing life management strategies with a spiritual focus for individuals, families, couples, and children struggling with various clinical issues. Treatment areas include anxiety and depression, conflict resolution



skills, marital counseling, parenting, adolescent issues, eating disorders, child abuse, young adult concerns such as college adjustment, family therapy for addictions, stress management, health-related issues, grief counseling, and career adjustment. Accepts Aetna, Blue Cross/Blue Shield and Medical Assistance. Fees are negotiated. Serves all ages.

Prologue, Inc.

1425 Liberty Road, Suite 208, Eldersburg, MD 21748

410-549-3508 Fax: 410-549-6510

prologueinc.org

Monday - Friday: 9:00 am - 5:00 pm

Provides services to people with mental illness and those experiencing homelessness. Offers a residential and psychiatric rehabilitation program. Accepts Medical Assistance and payment on sliding fees scale. Accepts private insurance in rare instances. Serves ages 18 to 64.

Re-Entry Mental Health Services

40 S. Church Street, Suite 105

Westminster, MD 21157-5414

410-848-9244

Monday - Thursday 9:00 am - 9:00 pm

Provides therapy to the general public for loneliness and depression, anxiety, marital conflicts, separation and divorce, phobias, stress, alcohol, codependence, and drugs. This private mental health service provides therapies including individual psychotherapy, family therapy, marital therapy, couple's therapy, group therapy, alcohol counseling, child psychotherapy, adolescent psychotherapy, stress management, and crisis management. Five clinicians are on staff, including psychiatrists, psychologists, psychiatric social workers, addiction counselors, and clinical nurse specialists. All clinicians are licensed and certified. The alcohol and drug counseling program is certified by the Alcohol and Drug Abuse Administration; also offers a Maryland Vehicle Administration-approved DWI Alcohol Education Program. Accepts most major medical insurance plans, Medicare, and most HMOs.

Rhoton, Kim — LCSW-C, Licensed Therapist

15 E. Main Street, Suite 224A, Westminster, MD 21157-5034

410-848-5155 x 3

Profile on *psychologytoday.com*

kimrhoton@hotmail.com

Hours by appointment, offer day and evening hours

Provides outpatient individual, child, couples, and family therapy using a strengths-oriented, time-limited approach. Offers therapy for adolescent and family issues, communication problems, separation, divorce, and co-parenting, marital issues including disconnect, and mental health issues. The focus is on helping clients resolve issues using their strengths and capabilities in a time-limited approach. Accepts Cigna, BCBS/CareFirst, and Fee for service. Serves children, adolescents and adults.

Rickeman, Alexandra Goerl

410-861-5547

alex@communicationforcouples.com

communicationforcouples.com

Specializes in therapy for couples and families struggling with separation or divorce. Focuses on helping couples improve relational and communication skills. Offers premarital counseling. Serves all ages. Call for location and directions.

Safe Harbor Christian Counseling

For information on all locations go to *safeharbor1.com*

Lifeshouse Church

1332 Londontowne Boulevard, Sykesville, MD 21784

410-857-4770

Call for appointment

Liberty Church

1641 Old Westminster Road, Westminster, MD 21157

410-902-1109

Call for appointment

Offers counseling for children, adolescents, adults, individuals, couples, and families from a Christian standpoint. Also offers seminars. Contact provider for additional details. Offers a sliding scale fee. Most insurance accepted.



Springfield Hospital Center

6655 Sykesville Road, Sykesville, MD 21784-7966

410-970-7000 800-333-7564

Fax: 410-970-7005 TTY/TDD: 410-549-7950

dhmh.maryland.gov/springfield

Office hours: 8:00 am – 5:00 pm / Facility: Open 24/7

To receive and treat people who need in-patient psychiatric hospitalization. This state psychiatric hospital operates under the jurisdiction of Maryland's Behavioral Health Administration and provides in-patient mental health services for Maryland residents. Volunteer opportunities are available. Serves individuals age 18 through the geriatric years.

Swetz. Anthony - Ph.D

201 East Main Street, Westminster, MD 21157

443-340-5330

anthonyswetzphd.com

swetzphd@gmail.com

Tuesday and Thursday: 10:00 am – 8:00 pm and by appointment

Offers individual therapy, forensic or court evaluations, depression, bipolar, anxiety, trauma, addiction, sexual disorder. Accepts all major private health insurance.

Serves ages adolescent and adult. Accepts credit cards.

Thomas, Stephnie — Licensed Clinical Professional Counselor

77 E. Main Street, Suite 204, Westminster, MD 21157-5064

410-236-1470 Fax: 410-751-2090

stephnet@gmail.com

stephthomas.com

Tuesday, Thursday and Friday by appointment only

Provides specialized psychotherapy services to those in need, particularly those with anxiety, obsessive compulsive disorder, and post-traumatic stress disorder.

Offers counseling experience from a pastoral perspective, helping clients learn new ways of approaching and defusing the anxiety they feel in their everyday lives. Also works with issues such as chronic medical illnesses and fear of flying. Sliding fee scale is available on a limited basis. Accepts Aetna, Blue Cross, Tricare, MHN, Cigna,

United Healthcare, and Medical Assistance. Clients are responsible for contacting and

verifying insurance reimbursement rates. Serves ages 11 to 64.

Thompson, Patricia, PhD

1645 Liberty Road, Suite 104, Eldersburg, MD 21784
410-795-4764

Offers individual, couple and family counseling in areas of anxiety, depression, grief and loss, women's, school, and parenting and behavioral issues. No psychiatrist available. Accepts most insurance but not Medical Assistance or Cigna. Serves ages 3 and older.

Transformations Psychotherapy Service

Susan Berkowitz, LCSW-C
3403 Pleasant Plains Drive, Reisterstown, MD 21136
410-876-2522
transformutoday.com

Hours after 3:00 pm by appointment

Service areas include Anxiety and Depression; Family therapy involving addiction, women's issues, trauma survivors; History of childhood or sexual trauma; Eye movement desensitization and reprocessing, depression; Eating disorders; Marriage counseling; Mental health-outpatient, personal counseling, sexual abuse, separation and divorce; postpartum depression; wellness. Out-of-network provider only. Out-of-pocket fees are negotiable. Serves ages 14 and older.

Villa Maria of Carroll County Behavioral Health Services Associated Catholic Charities

1129 Business Parkway South, Suite A, Westminster, MD 21157-3004
667-600-2863 Fax: 667-600-4075

catholiccharities-md.org/mental-health/mental-health-clinics/

Monday - Friday: 9:00 am – 5:00 pm and by appointment

To provide quality caring and compassionate behavioral health services to children, adults, families, and groups with the goal of improving overall functioning in the school, home, work, and community by enhancing skills and building positive relationships. Services for children are focused towards working in collaboration with the school, family, or other support network. Provides individual, family,



and group therapy; parent training in behavioral management; case coordination services; psychiatric evaluation and consultation; medication management; school-based behavioral health services in some approved schools; Child & Adolescent Psychiatric Rehabilitation Program services in the community to enhance social skills development and overall resiliency; Family Support Group held monthly for parents or caretakers (upon request); Early Childhood Mental Health consultation; general information and referral services. Also serves the Spanish-speaking population. Accepts Medical Assistance and uninsured eligibility as approved by state criteria. Serves ages 3 to adult.