

8 Dimensions of Wellness

FINANCIAL



WEEK 6 - DAY 2

WORKSITE WELLNESS



RESOURCES:

THINK ABOUT ESTABLISHING A PROFILE ON [LINKEDIN](#)

EXPLORE SIGHTS LIKE [INDEED](#), [CAREERBUILDER](#), & [ZIPRECRUITER](#)



PEOPLE WHO ARE HAPPY AT WORK DELIBERATELY SET THE TONE FOR THEIR ENTIRE DAY.



WORK—THINGS TO THINK ABOUT:

1. How does financial wellness impact your life? How is it related to your wellness?
2. Does your current job allow you to meet obligations and still have room to do things you enjoy?
3. Are you working in an area that you find gratifying and are passionate about?
4. Are you looking for paid work or volunteer?

“CHOOSE A JOB YOU LOVE, AND YOU WILL NEVER HAVE TO WORK A DAY IN YOUR LIFE.” - CONFUCIUS



[FINDING A JOB YOU LOVE](#)



Presented by:

The Partnership
for a Healthier Carroll County



EMOTIONAL



SPIRITUAL



INTELLECTUAL



PHYSICAL



ENVIRONMENTAL



FINANCIAL



OCCUPATIONAL



SOCIAL