

Healthy Carroll Vital Signs™ are the measures of health (health indicators) for our community of Carroll County, MD

INDICATOR (WITH DATA SOURCE)	Most recent available DATA FY 2025-2027 (with year data collected)							*TREND	DESIRED TREND	AT TARGET or better?	TARGET & Target Source	
	July 2024 BASE-LINE	Dec. (Feb) 2024	Jun. (Aug) 2025	Dec. (Feb) 2025	Jun. (Aug) 2026	Dec. (Feb) 2026	Jun. (Aug) 2027				a. HP 2030 b. SHIP c. CB-HIP d. NCI	
<i>Priority: MENTAL HEALTH</i>												
1.	Total number of patients admitted for mental health diagnosis including those transferred to other facilities for admission.	201 (2024) CH	171 (2025) CH						↓	↓	✓	180
2.	Emergency Department visits related to mental health conditions.	607 (2024) CH	600 (2025) CH						↓	↓	✗	590
3.	Age adjusted suicide mortality rate per 100,000.	13.1 (2021) MVS	***						↓	↓	✓	12.8
<i>Priority: DIABETES</i>												
5.	Age adjusted percentage of adults with diabetes.	6.2 (2022) MBRFSS	6.6 (2023) MBRFSS						↑	↓	✗	5.7
6.	Age-adjusted death rate due to diabetes per 100,000	30.3 (2021) MVS	22.6 (2022) MVS						↓	↓	✗	13.7
7.	Emergency department visit rate for diabetes (type 1 or type 2) as the primary diagnosis.	1027 (2024) CH	1081 (2025) CH						↑	↓	✗	1000
<i>Priority: HEART HEALTH</i>												
8.	Age adjusted death rate due to CVA (stroke) per 100,000.	30.5 (2021) MVS	28.1 (2022) MVS						↓	↓	✓	33.4
9.	Age adjusted death rate due to heart disease per 100,000.	162.3 (2021) MVS	160.1 (2022) MVS						↓	↓	✗	71.1
10.	Emergency department visits due to heart disease (CH).	3721 (2024) CH	3744 (2025) CH						↑	↓	✗	3700
<i>Priority: CANCER</i>												
11.	Age-adjusted mortality rate from cancer per 100,000.	154.1 (2022) NCI	154.1 (2022) NCI						↑	↓	✗	122.7
12.	Age-adjusted melanoma incidence rate per 100,000.	41.4 (2021) NCI	41.4 (2021) NCI						↑	↓	✗	39
13.	Age-adjusted colorectal cancer incidence rate per 100,000.	38.9 (2021) NCI	38.9 (2021) NCI						↑	↓	✗	12.47

*** Rates based on <20 events in the numerator are not presented since such rates are subject to stability (MVS)

KEY TO ABBREVIATIONS:

CH - Carroll Hospital
 MD BRFSS – Maryland Behavioral Risk Factor Surveillance System
 MVS – Maryland Vital Statistics
 NCI- National Cancer Institute

CVA - Cardiovascular Accident
 CB-HIP - Community Benefit & Health Improvement Plan
 HP – Healthy People
 SHIP – Maryland State Health Improvement Process
 MCR- Maryland Cancer Registry

Bold outline indicates new data added since the last report.